



ALPHY MARY JOSE

Myladiyil (h)

Aruvikuzhy p.o

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OBJECTIVE

To achieve a position where get experience and expand my knowledge while contributing creative solution toward the growth and advancement of my organization. I am willing to work as a key-player in challenging and creative environment.

EDUCATION

- ✓ **BVM HOLY CROSS COLLEGE CHERPUNKAL** 2020-2022
MSW
- ✓ **KG COLLEGE PAMPADY** 2017-2020
BSC.Physics
overall B+
- ✓ **MGM NSS HSS LAKKATTOOR** 2015-2017
Plus two
81%
- ✓ **ST.JOSEPH'S HSS MANJAMATTOM , MATTAKKARA** 2015
SSLC
95%
- ✓

SKILLS

Communication skill,Empathy,Active listening skill,Observation skill,Organization skill,Critical thinking skill,Problem solving skill,Time management skill,Emotional intelligence skill,Collaboration skill
Establishing Rapport skill

TRAINING EXPERIENCE

- ** Bishop Vayalil Medical Center Moolamattam ,Idukki(Social Work Trainee from 08-03-2022 To 08-04-2022)
- **Bethsada Mental health center Vengola, Ernakulam (Social Work Trainee from 05-09-2022 To 05-10-2022)
- ** Worked as a trainee in Akalakunnam Grama Panchayath in Kottayam, Kerala.
- ** Worked as a trainee in ASER Foundation Kanjirappally
- ** Participated in two day Aser Survey by the NGO Pratham
- ** Worked as a trainee in Family health center Mundankunnu at Akalakunnam Grama Panchayath

PERSONAL SKILLS

- ** I have the ability to work as a team player by sharing information, cooperating with other, positive speaking to create team spirit with speak idea and opinions of others by discussing them and resolving conflicts of them members to find solution.
- ** Strong communication skills developed when interviewing clients and presenting survey findings to community group members, work colleagues and supervisors Able to deal with abusive and aggressive clients
- **Planning Strategically An eye for detail Good communicator Tactful & articulate Able to identify critical issues

RESERCH DISSERTATION

Effectiveness of behavioural therapy to reduce screen addiction among children with special reference to Akalakunnam Grama Panchayath, Kottayam district

ADDITIONAL SKILLS

Computer Skill : MS Office, excel, power point and SPSS

PROFESSIONAL STRENGTHS

Good flare for language Excellent communication skills, Team Player, Keen Fast Learner, Problem Solving, Interpersonal, Well Developed Organizational skill

DECLARATION

"I hereby solemnly declare that all statement made in the above application are correct"

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