



ANU VARGHESE

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OBJECTIVE

To achieve a position where I get experience and expand my knowledge while contributing creative solutions toward the growth and advancement of organization. I am willing to work as a key-player in a challenging and creative environment.

EXPERIENCE

MARIASADANAM PSYCHO SOCIAL REHABILITATION CENTRE, PALA

2021 August - 2021
September

Psychiatric Social Work Trainee

CARITAS HOSPITAL ,THELLAKOM, KOTTAYAM

2022 March - 2022 April

Social work trainee

LOUISE MOUNT HOSPITAL,CHENNALODE,WAYANAD

2022 September - 2022
October

Psychiatric Social Work trainee

EDUCATION

MG UNIVERSITY

2015-2018

Bsc. Physics
Grades - Overall B

MG UNIVERSITY

2020-2022

MSw

SKILLS

communication Skill
Establishing Rapport
Interaction
Empathy
Problem Solving
Confidence,

PERSONAL SKILLS

- * I have the ability to work as a team player by sharing information, cooperating with others, positive speaking to create team spirit with speak idea and opinion of others by discussing them and resolving conflicts by finding solution.
- * Strong communication skills and able to deal with aggressive Clients.
- * Planning strategically and able to identify critical issues.

RESEARCH DISSERTATION

Effectiveness of Art Therapy to Reduce Stress among Differently Abled Adolescents in Ernakulam District

ADDITIONAL SKILLS

Computer Skill: MS Office, Excel, Power Point and SPSS

DECLARATION

" I hereby solemnly declare that all statements made in the above application are correct"