



GIFTTY MARIYA

Master of Social Work

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Angamaly, India

Dedicated social worker with strong commitment to serving the society for the betterment of our community

EDUCATION

Higher Secondary Education

St. Joseph's Girls High School

07/2014 - 06/2016

Kerala

Bachelor of Science in Physics

Bharath Matha College, Thrikkakara

07/2016 - 07/2019

Kerala

Master of Social Work

St. Joseph's College, Irinjalakkuda

06/2020 - 04/2022

Kerala

Courses

- Specialized in Medical & Psychiatry (CGPA 4.06)

PERSONAL PROJECTS

Ultrasonic Radar System (01/2019 - 03/2019)

- We developed a low cost tiny ultrasonic radar system based on Arduino. It utilizes ultrasonic sensors to detect the object in the range from 3 cm to 40 cm as non-contact distance, with angle range between 15° to 165° and passes the information to Arduino Micro controller.
- The movement of the sensor is controlled by using a small servo moto. Information received from the sensor will be used by "processing development environment" software to illustrate the result on a PC screen

Sleep Deprivation in IT Professionals (12/2021 - 06/2022)

- Conducted a pilot study among the IT professionals showed that, they are aware about the word sleep deprivation but most of them are not aware about the diseases caused by this.
- A detailed research study on how sleep deprivation impacts the physical and mental health, family and social life of IT professionals. The result of the study shows that primary symptoms of sleep deprivation among the respondents.

SKILLS

Networking

Communication Skills

Leadership

Problem Solving

Teamwork

ACHIEVEMENTS

Participated in State Level Athletic Meet (10/2013)

Webinar on ICT Skills & Cyber Awareness (03/2021)

ORGANIZATIONS

Internship at Lourdes Hospital, Ernakulam (02/2022 - 03/2022)

Psychiatric Social Work Trainee

worked at st . James hospital (09/2022 - 09/2022)

research assistant

Internship at Sunrise Hospital , kakkanad (07/2022 - 08/2022)

patient's relation officer

Community Field Work at Angamaly Municipal Office (10/2021)

CERTIFICATES

Potentiality of Field Education in Social Work : Reflective Practices & Contemporary Changes (02/2021)

International Workshop on Structural Social Work (09/2021)

LANGUAGES

English

Full Professional Proficiency

Malayalam

Native or Bilingual Proficiency

Hindi

Professional Working Proficiency