



Dr REJO VARGHESE JACOB

D.Ortho, DNB(Ortho),FNB Resident(Spine surgery)

CONTACTS

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KEY SKILLS

- Diagnosis & management of spine trauma
- Paediatric & adult deformity evaluation & correction
- Degenerative spine disorders
- Arthroplasty
- Management of limb trauma

STRENGTHS

Team work/ Work ethics/
Communication/ Leadership/ Problem solving skills/ Decision making skills/
Emotional intelligence/ Detail oriented/
Analytical ability/ Good practical skills

PERSONAL DOSSIER

- **Date of Birth:** 10/07/1988
- **Place of Birth:** Thiruvalla, Kerala
- **High School:** St Paul's Senior Secondary School, New Delhi
- **Languages:** English, Hindi, Malayalam, Tamil

EDUCATIONAL QUALIFICATIONS

- **MBBS** – Govt. Stanley Medical College, Chennai, Tamil Nadu (2007-2013)
- **D.Ortho** – Govt. Medical College, Kozhikode, Kerala (2014-2016)
- **DNB Orthopedics** – North Delhi Municipal Corporation Medical College & Hindu Rao Hospital, Delhi (2017-2019)
- **FNB (Spine Surgery)** – VMMC and Safdarjung Hospital, Delhi (2021- present)

DISSERTATION

STUDY ON FUNCTIONAL OUTCOME FOLLOWING FIXATION OF MALLEOLAR FRACTURES IN ADULTS

STUDY OF SPINOPELVIC PARAMETER CHANGES IN LUMBAR TUBERCULOSIS AND FUNCTIONAL OUTCOME

WORK EXPERIENCE

- Senior Resident in the Dept. of Orthopedics, GMC Kozhikode (Sept 2016-Feb 2017).
- Senior Resident in the Dept. of Orthopedics, NDMC Medical College & Hindu Rao Hospital (from June 2019-Feb 2021).

TEACHING EXPERIENCE

- Conducted formal teaching sessions for medical students (M.B.B.S. undergraduates and D.N.B. residents).
- Teaching paramedical staff about the various clinical and technical procedure.

CME AND WORKSHOPS

- Assisting in conducting Calicut Ortho Course in the years 2015, 2016, 2018.
- CME of Pediatric Orthopedic Foundation at Indraprastha Apollo Hospital, Delhi
- Hands on TKR Workshop at AIIMS, New Delhi
- Hands on JESS Workshop conducted by DOA
- Cadaveric course on early onset scoliosis, AIIMS, New Delhi
- Spinecon- Annual AIIMS Spine workshop

RESEARCH AND PUBLICATIONS

- "Demographic profile and functional outcome following fixation of malleolar fractures in adults"
DOI: <http://dx.doi.org/10.18203/issn.2455-4510.IntJResOrthop20200015>
- "Demographic profile and functional outcome following fixation of distal femur fractures by locking compression plate"
DOI: <https://doi.org/10.22271/ortho.2020.v6.i1b.1843>
- "Non traumatic Myositis Ossificans of elbow as a sequelae of Tetanus: A rare case"
DOI: <https://doi.org/10.22271/ortho.2020.v6.i1d.1860>
- "Irreducible Vertical Dislocation of Patella Incarcerated into a Lateral Condyle Femur Fracture"
DOI: 10.4103/jotr.jotr_1_20
- "Evaluation of effectiveness of Ponsetti's method in management of Club Foot in children under 1 year of age- A Prospective study"
DOI: <http://dx.doi.org/10.18203/issn.24554510.IntJResOrthop20210042>
- "Adolescent cauda equina syndrome secondary to acute Lumbar Disc Herniation"- Under review

REFERENCES

- Dr Arun Yadav, Head of Department (Orthopedics), NDMC Medical College and Hindu Rao Hospital, 9811449156
- Dr Rajesh Purushottaman, Head of Unit (Orthopedics), GMC Kozhikode, 9995233320
- Prof Narendra Kumar, Head and Course Director, Spine Unit, VMMC & Safdarjung Hospital, 9717844136

CAREER ABRIDGEMENT

A driven doctor with advanced thinking and inductive reasoning skills seeks to obtain a position as an Orthopaedic Surgeon specialising in Spine surgery to apply vast understanding of human disease to individual cases and coordinate the best possible plan of management.

I hereby declare that the above- mentioned information is true and I bear the responsibility for the correctness of the above- mentioned particulars.