# **CURRICULUM VITAE**



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# **Objective**

Seeking a growth oriented and challenging carrier in nursing and patient care in well reputed hospital where I can increase my knowledge and improve my skills for the best of my patients.

# **Personal Details**

Father's Name	: Eldhose Varghese		
Mother's Name	: Beena Eldhose		
Gender	: Female		
Date of Birth	: 19.10.1999		
Nationality	: Indian		
Marital Status	: Unmarried		
Religion	: Christian		
Address	: Thekkumpurath House Malippara PO,Malippara Ernakulam(Dist) Kerala – India		
	<b>Pin - 686681</b>		

Language known

: English & Malayalam

#### EDUCATIONAL BACKGROUND

Professional Qualification					
Qualificatio n	Name of Institution	Name of University	Year of Passing	Class Obtained	
B Sc Nursing	MES College of Nursing	KUHS	2022	First Class	

	ualification			
Qualification	Name of Institution	Name of Board	Year of Passing	Class Obtained
Plus Two	TVJ Memorial HSS Pindimana	Board of Higher secondary Examination Kerala	2017	First class
SSLC	St.Augustine's Girls HSS Kothamangalam	Board of Public Examination Kerala	2015	First class

#### Field of interest

- Labour Room
- OBG ward
- Medical ICU
- Surgical ICU
- \* ccu
- Emergency Department
- Operation Theater
- Dialysis
- Infection control
- Neonatal ICU
- PICU

# **Clinical Experience**

- > As part of B. Sc Nursing curriculum, I have trained in the following institution,
- MES Medical College Hospital, Perinthalmanna, Malappuram.
  Medical Surgical, Advanced Medical Surgical Nursing, Obstetrics and Gynecological Nursing and Nursing administration.
- Metro Med Cardiac Centre, Kozhikode for Medical-surgical Nursing.
- Regional Cancer Centre, Thiruvananthapuram for oncology specialty posting.
- Govt. District Hospital, Perinthalmanna for Obstetric & Gynecological Nursing.
- Community Health Centre, Kadannamanna and Mankada for community Health Nursing Specialty Posting.

#### Equipments Exposured

- ✓ Cardiac monitors
- Syringe pumps, infusion pumps
- Suction apparatus, nebulizers, centralised oxygen and suction supplies.
- ECG machine

- ✓ Defibrillators
- ✓ Ventilator
- ✓ BP apparatus
- Ambu bag with mask
- Pulsoximeter
- ✓ Glucometer
- ✓ Cardiotochography
- ✓ Doppler
- ✓ Radiant Warmer

Details Of Cases Exposured

- Cardiology cases: angiogram, angioplasty
- General surgery cases: mastectomy, exploratory laprotomy, appendicectomy, cholecystectomy, hernioplasty, hernia Repair, colostomy, intercoastal drainges, haemhorroidectomy, and sphincterectomy.
- Urology cases: TURP, TURBT, URSL, ESWL, varicocelectomy, orchidectomy, PCNL.
- Neurosurgery cases: craniotomy, burr hole operation, laminectomy ACD fixation.
- Obstetrics and Gynecology surgery : LSCS, abdominal and vaginal hysterectomy, laproscopic cystectomy, normal labor, ventouse Delivery, Forceps Delivery, perinial tear repair, episiotomy suturing.
- Orthopedic surgeries.
- Pediatric surgery
- Micro vascular surgeries.
- Medical cases

# Special Skill

- > Ability to perform
  - Need based basic cares.
  - IV cannulation
  - Medication administration via enteral and parenteral routes.
  - N.G tube insertion assisted

- Urinary catheter insertion.
- Administering protocol based emergency care.
- Mental status examination

Seminar Attended And Health Programmes Conducted

- National AIDS day awareness programme, Moorkkanad
- Pulse Polio Immunization Programme.
- Nutritional Programme, Kadannamanna.
- Workshop on "Emergency Management and Trauma care" MES College of Nursing
- School Health Programme, Pattikad
- Panel discussion on " Stigma against AIDS", MES College of Nursing

# Research Done

 A study to assess the awareness regarding lifestyle behaviour among adolescents at selected college at ,Perinthalmanna

### Reference

- 1. Dr. Nirmala V Principal MES College of Nursing Perinthalmanna. PH : 04933 258305
- 2. Ms Lakshmi K Associate Professor M E S College of Nursing Perinthalmanna +91 81578 62353

# Declaration

I do here certify that the above information is correct and true to the best of my knowledge.

Place:

Date:

HANNA MARIYA ELDHOSE