



Athira N S

Physical Therapist

PROFILE

A highly motivated physiotherapist with a bachelor's in physiotherapy. Excellent client dealing skill and ability to work closely with other professionals to assess a patients need and devise a suitable treatment protocol.

I am patient and passionate about helping patients recover.

EDUCATION

• Bachelor of Physiotherapy (BPT)

EMS College of Paramedical Sciences, Perinthalmanna

Affiliated to Kerala University of health sciences (KUHS), Thrissur

(During 2015 -2019)

Completed 6 months of rotatory internship.

• Higher Secondary

HIHSS Edavanakad, Kerala, (During 2013-2015)

• SSLC

St. Augustine's Girls High School, Kuzhuppilly, Kerala

Year of Passing - 2013

WORK EXPERIENCE

Have 1 year and 5 months work experience at Hope Rehabilitation Centre Paravurkavala, Aluva (June 2021 - November 2022)

WORKSHOPS

- SYMPOSIUM ON PHYSIOTHERAPY UPDATE IN CRITICARE 2019 organized by MTIMS College of Physiotherapy, Irumbanam-Kochi
- Workshop on UPDATES IN PAEDIATRIC PHYSIOTHERAPY BASED ON MOTOR CONTROL THEORIES 2019 organized by EMS College of Paramedical Sciences

CONFERENCES

- "MANGALORE PHYSIOCON 2018", South Canara Physiotherapy Teachers Association, Mangalore, Karnataka
- NATIONAL CONFERENCE 2018 organized by chartered society of physiotherapy teachers

PROJECT

Effects of ankle proprioception exercises on balance in professional and non-professional bharatanatyam dancers

CLINICAL TRAINING EXPERIENCE

- Fortis International Hospital - Bannerghatta, Bangalore - 3 months
- EMS Co-operative Hospital and Research Centre, Perinthalmanna - 3 months

Departments include :

- Neurology and Neurosurgery
- Cardiac Surgery, Cardiology and ICU
- Department of Pulmonology
- Physical Medicine and Rehabilitation Centre
- Department of Gynaecology
- Department of Orthopaedics

REFERENCE

- Mr.Premkumar(HOD)
EMS College of Paramedical Sciences, Perinthalmanna
- Mr.Deepak
Chief Physiotherapist(HOD)
EMS Co-operative Hospital, Perinthalmanna
- Mrs.Jitha Joseph
Chief Physiotherapist(HOD)
Fortis International Hospital, Bannerghatta, Bangalore

DECLARATION

I hereby declare that the details furnished above are authentic and true to the best of my knowledge

[Athira N S]

PERSONAL PROFILE

Name: Athira N S
D/O: Sajeevan N S
DOB: 11/01/1998
Gender: Female
Nationality: Indian
Marital Status: Unmarried

CONTACT

Address

Nikarthil House
Edavanakad P.O
Ernakulam, Kerala, 682502

Phone

9961004032

Email

athirasajeev7430@gmail.com

PERSONAL STRENGTH

- Communication
- Observation and assessment skills
- Strong work ethics
- Empathetic
- Professional and organized
- Time management and punctuality

OTHER SKILLS

- Basic computer skills
- Arts
- Cooking
- Dancing
- Interpersonal skills

INTEREST

- Travelling
- Dancing
- Cooking
- Music

LANGUAGE

Malayalam, English, Hindi, Tamil and Kannada