



DR. RINSHAD VM PT, MPT (NEURO)

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Vadakkayil House Pulikkakadav, Ponnani (po) Kerala 📍

Objective

Experience in multiple fields of Physiotherapy especially in neurological rehabilitation. Ready and qualified for the next stage in a successful career and looking forward to making a significant contribution as a physiotherapist.

Education

2012

SSLC

Ideal International Institute of Education, Kadakassery
92%

2014

Higher Secondary, Integrated Science

IHRD Technical Higher Secondary School, Nellissery
75%

2014-2019

Bachelor Of Physiotherapy, BPT

Srinivas College of Physiotherapy and Research Centre, Mangalore
Rajiv Gandhi University of Health and Sciences

2020-2022

Master of Physiotherapy In Neurological and Psychosomatic Disorders

AJ Institute of Medical Sciences and Research Centre (Laxmi Memorial Educational Trust), Mangalore
Rajiv Gandhi University of Health and Sciences

Experience

01.01.2019 -

01.09.2019

Six months Internship

Srinivas Institute of Medical Sciences and Research Centre, Mangalore
Physiotherapy OPD
Pediatrics and OBG Ward
Orthopedics & Traumatology
General Surgery Ward
Neurology and Neuro Surgery Ward
Community posting (PHSC & GERIATRICS)
ICU & Transplant unit

01.01.2020 -

01.11.2022

Compulsory Clinical Postings

AJ Institute of Medical Sciences and Research Centre, Mangalore
Neurology and Neuro Surgery Ward
Psychiatry Ward
ICU, SICU, NICU
AJIMS Physiotherapy OPD
Neurology Community postings
Psychiatry community postings
Palliative care postings

Areas Of Expertise

Neurological conditions
Stroke management
Vestibular Rehabilitation
Traumatic Brain and Spinal cord Rehabilitation

Projects

1. Effectiveness of trunk rotation exercises on balance in stroke
2. Functional mobility, physical activity and quality of life of community dwelling and institutionalised elderly during covid19 pandemic

Thesis Submitted to RGUHS

Achievements & Awards

1. Paper presentation on topic "Effects Of Combined Aerobic Exercise And Task Practice To Improve Health Related Quality Of Life After Stroke" at ICHTR by Manipal 2021
2. Poster presentation on "Effectiveness of Biofeedback for Cervical Neck Pain" at National level Physiotherapy meet by KG college of Physiotherapy 2022

Publications

1. Correlation between knee proprioception, balance and lower extremity muscle strength in male young adults
2. Functional mobility, physical activity and quality of life of community dwelling and institutionalised elderly during covid19 pandemic- Pilot study

Reference

Dr. Thousiyath - "AK CLINIC Physiotherapy and Hijama centre. Talapady, Mangalore"

Consultant Physiotherapist
+919945313261

Dr. Sharath VS - "Ojas physiotherapy clinic. Cv junction, Ponnani"

Consultant Physiotherapist
+919497106210