## **BIODATA**

### **SONA MARIYA MATHEW**

Vellappillil (H)

Chemmannar P.O

Chemmannar, Idukki (Dt)

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## **CAREER OBJECTIVE**

Seeking a career to utilize my knowledge and personal skills that matches with the organizations growth and take responsibility and contribute significantly.

# EDUCATIONAL QUALIFICATION

| Course                     | Institution   | Board/University                            | Score    | Year of Passing |
|----------------------------|---|---|----------|-----------------|
| Master of Social<br>Work   | De Paul Institute of Science & Technology, Angamaly | MG University                               | Pursuing | 2022            |
| Bachelor of<br>Social Work | Mar Elias College,<br>Kottappady                    | MG University                               | 79.1%    | March<br>2020   |
| Plus Two/class<br>12       | S.X.H.S.S Chemmannar                                | BOARD OF HIGHER<br>SECONDARY<br>EXAMINATION | 86%      | March<br>2017   |

| SSLC/class 10 | S.X.H.S.S Chemmannar | GOVERNMENT OF<br>KERALA ,GENARAL<br>EDUCATION<br>DEPARTMENT | 95% | March<br>2015 |
|---------------|----------------------|---|-----|---------------|
|---------------|----------------------|---|-----|---------------|

#### **EXPERIENCE**

 Worked as Placement Executive in 'The Rank Charitable Trust for Edu cation', Edappal from 01/07/2022 to 30 September 2022under DDU-G KY project.

#### **ACHEIVEMENTS**

- Worked as social work trainee in Cultural Academy For Peace, Kache ripady (14 September 2018- 13 November 2018, Concurrent Field Work)
- Worked as a social work trainee in District Child Protection Office, Er nakulam(01February 2019- 02 April 2019, Concurrent Field Work)
- Worked as social work trainee in Cochin Social Service Society, Fort Kochi (21 June 2019- 13 September 2019, Concurrent Field Work)
- Worked as social work trainee in K Chittilappillly Foundation, Kakka nad( 2 December 2019- 31 December 2019, Block Placement )
- Volunteer of National Service Scheme at School and College level.
- Participate in Social Service Excellence Award 2020 conducted by K
  Chittilappillly Foundation at Renai Hotel, Palarivattam (23 January 20 20)
- Degree Rank Holder (2nd Rank in BSW 2017-2020, MG University)
- Worked as Social Work Trainee in Rajagiri outREACH, Kalamassery ( 07 July 2021 to 16 August 2021).
- Currently pursuing Diploma in Women Empowerment And Developm ent from IGNOU.
- Doing certificate course in Rural Development from IGNOU.

- Worked as social work trainee in Mental Health Centre, Oolanpara (01 March 2022 to 31 March 2022)
- Pursuing PG Diploma in Counseling and Family Therapy from IGNO U.
- Published an article named " Advantages and Disadvantages of Online Education among Youth" (© April 2022 | IJIRT | Volume 8 Issue 11 | I SSN: 2349-6002 154368, INTERNATIONAL JOURNAL OF INNOV ATIVE RESEARCH IN TECHNOLOGY.
- Participation in SAMANWAYA 2022 International Conference organi sed by BCM College Kottayam and present a paper on the topic-' Impa ct of Covid-19 on Children special focus on Psycho-social aspects'.
- Participated in Debate competition in SAMANWAYA 2022 and receiv ed second prize.

## OTHER SKILLS

- Positive Attitude
- Inter communication skills
- Adaptability
- Self Motivated
- Networking skills
- Communication skills
- Organising and leading training sessions
- Good leadership and team management skills
- Knowledge and work experience in handling Canva, Microsoft word, e
  xcel and powerpoint.

#### PERSONAL DATA

• Date of birth : 24 - 07 - 1999

• Gender : Female

• Languages : English , Malayalam , Hindi, Tamil

• Marital Status : Unmarried

• Nationality : Indian

• Father's Name : Siby Joseph

#### **DECLARATION**

I do hereby declare that the particulars of information and facts stated herein a bove are true, correct and complete to the best of my knowledge and belief.

Place: Angamaly SONA MARIYA MATHEW

Date: 10-10-2022

#### **References:**

• Dr. Xavier Vinayaraj

Asst. Professor, DiST Angamaly

Mob- 8281241870, 9400293998

• Mrs. Sruthi Sivan

Center Head, Rank Charitable Trust for Education Edappal

Mob- 8589973899