

LAKSHMI V SABU
VELAMMATTU HOUSE
AYARKUNNAM P.O
KOTTAYAM, KERALA
PIN- 686564
MOB- 8156888487

Dear Sir/ Madam,

Sub: Application for the Post of Staff Nurse.

I wish to submit my Resume for your kind consideration and early favorable orders. Please consider my resume, and give me an Opportunity to work in your esteemed organization. If given an opportunity to work. I shall endeavor to satisfy my superiors to best of my knowledge ability and earn your esteemed confidence and remain grateful to you.

Thanking you,
Yours Sincerely

Place : Kottayam

LAKSHMI V SABU

Date : 21.10.2021

CURRICULUM VITAE



LAKSHMI V SABU

Address for Communication:

**VELAMMATTU HOUSE
AYARKUNNAM P.O
KOTTAYAM, KERALA
PIN- 686564
MOB- 8156888487**

Lakshmisabu195@gmail.com

PERSONAL DETAILS

Date of Birth : 20-12-1995
Age : 25Years
Gender : Female
Nationality : Indian
Religion : Hindu
Mother Tongue : Malayalam
Marital Status : Unmarried
Height : 157cm
Blood group : O Positive

CAREER OBJECTIVE

Aim to be associated with the organization that provides me an opportunity to show my skills and improve my knowledge with latest trends and to be the part of the team that works dynamically towards the growth of the organization

LICENSES/ CERTIFICATES

Nursing Reg. No. : 14017

Midwife Reg. No. : 14017

PRESENT ADDRESS

LAKSHMI V SABU

Staff Nurse

(INTENSIVE CORONARY CARE
UNIT)

CARE Hospital,

Banjara Hills, Hyderabad, T S, India

PRESENT NURSING EXPERIENCE

CARE Hospital

Banjara Hills, Hyderabad, Telangana, India

The CARE Group's flagship CARE Hospitals, located in Banjara Hills - a prime location in Hyderabad, was set up in the year 2000. Today, the multispecialty hospital has 435 beds, including 120 critical care beds, with an annual inflow of 1,80,000 outpatients and 16,000 in-patients.

The hospital provides specialty medical services in Cardiology, Cardiothoracic Surgery, Paediatric Cardiology, Paediatric Cardiothoracic Surgery, Neurology, Neurosurgery, Nephrology, Urology, etc. The in-patient services include intensive care, cardiac care, neurological care, paediatric care, medical care, as well as surgical, diagnostic and emergency services.

NURSING EMPLOYMENT HISTORY

Name of the Hospital	:	CARE Hospital, Hyderabad
Location	:	Banjara Hills, Hyderabad, Telangana, India.
Website	:	www.carehospital.com
Profession	:	Staff Nurse
Date of Joining and Period	:	23-02-2018 to 28-02-2021
Hospital Capacity	:	435bedded NABH approved
Area of Work	:	Medical Intensive Care Unit
No. of Beds	:	14
Staff Patient Ratio	:	1:2

PATIENT CARE WHICH I CAN

- Maintenance of good nurse patient relationship
- Complete physical, mental, psychological assessment of the patient.
- Prioritizing and implementing the care.
- Assessing neurological status of the patient (GCS)
- Checking vitals and recordings.
- Maintenance of intake output chart
- Collection of specimen including ABG
- Care of patient with mechanical ventilator
- Care of patient with tracheotomy
- Ryle's tube and peg feeding.
- Providing proper positions and restraints according to condition.
- Care of patient after CAG, PTCA, PPI, TPI, BMV, ASD Closure.
- Management of patient with Acute MI,
- Maintenance of emergency drugs
- Continuous cardiac monitoring with five lead ECG
- Assisting Diagnostic procedure like X-Ray, Ultra sound, ECG, Lumbar Puncture.
- Bladder wash and enema
- Care of patient with decubites ulcer
- Assisting cardioversion and defibrillation

- Administration of medications
- Can be able to perform Ryle's tube insertion, Foley's catheterization, IVcannulation and blood transfusion
- Blood glucose monitoring
- Wound care and pain management
- Infection control and safety management
- Maintenance of records and reports
- Family meeting and counseling
- Supervision and orientation of students and new trainees
- Well versed in CPR.
- Dead body care

TYPES OF CASES HANDLED

- Coronary Artery Disease
- Hypotension / Hypertension
- COPD / Asthma
- GI Bleed
- Sepsis
- ARDS
- MLC Cases
- CLD,ILD
- CKD,ESRD
- LRTI
- Myocardial Infarction
- UTI
- Pulmonary Embolism
- Cardiogenic shock
- Severe L.V. Dysfunction
- Cardio myopathy
- DVD / TVD
- Diabetic Mellitus
- STROKE
- Rheumatic Heart Disease
- Severe Hyponatremia / Hypernatremia
- Aortic Regurgitation
- Mitral Regurgitation
- Congestive heart failure CRF / ARF
- Ventricular fibrillation
- Post PTCA / CAG / BMV / TPI / PPI / ASD Closure
- Ventricular Tachycardia
- Pulmonary Edema
- Atrial Flutter / Atrial Fibrillation
- MRSA
- Dysrhythmias / arrhythmias
- Heart Block
- SEIZURE
- Mitral Stenosis
- Pericardial effusion
- Cardiac Tamponade
- Hypokalemia / Hyperkalemia
- Infected Cases-HIV/HBsAg/HCV

EQUIPMENTS HANDLED

- Sphygmomanometer
- Stethoscope
- NIBP
- Arterial BP
- Glucometer
- Humidifier
- Syringe Pump
- Ambu Bag
- Bain Circuit
- Laryngoscope
- Echo Machine
- ECG Machine
- Feeding pump
- warmer
- ICU Monitor
- Oxygen Cylinder
- Pulse Oxymeter
- ABG Machine
- Suture Removal
- Dressing Set
- Ventilator
- SCD Machine
- Suction Apparatus
- BIPAP Machine
- ECHMO
- IABP
- CPAP Machine

- Central Line
- Catheterization Tray

- Alpha Bed
- Nimbus Be

PROCEDURES ASSISTED

- | | |
|---|---|
| <ul style="list-style-type: none"> • Ultrasound guided pleural tap • Tracheostomy • HD Sheath insertion • Arterial line insertion • Bronchoscopy • Pigtail • ICD | <ul style="list-style-type: none"> • Endoscopy • 2D Echo • Carotid Doppler • Central line insertion • CT scan MRI, X-Ray • Traction |
|---|---|

OTHER RESPONSIBILITIES

- Maintaining the drug & Investigations as per orders.
- Proper documentation of drugs administered and investigations done.
- Maintaining the equipment in working condition.
- Maintaining emergency drugs and equipments at accessible place.
- Proper monitoring of patient.
- Informing the doctor concerned whenever necessary.
- Barrier nursing
- Scrubbing, hand washing and aseptic precautions.
- Transportation of critically ill patients

GENERAL

- Attended **Basic Life Support, Advanced Cardiac life support, pediatric advanced life support programme** at CARE Hosiptal, Banjara Hills, Hyderabad.
- Attended **IV Cannulation (peripheral and central access)** conducted by BD Company.
- Attended seminar of **Infection Control Programme**, conducted at CARE HOSAPITAL, Banjara Hills, Hyderabad.
- Attended neuromedical workshop conducted in CARE Hospital by Dr. J M K MURTHY
- Attended cardiac workshop in CARE Hospital by Dr. NARASIMHAN
- Attended critical care workshop in INDOAMERICAN INSTITUTE

EDUCATION PROFILE

During my studies as a student nurse, the following works were assigned to me, which I have carried out successfully.

- Worked as a team member in the community development programs.
- Worked in Different hospitals in Andhra Pradesh as Trainee.
- Worked as a team member of pulse polio programme

ACADAMIC DETAILS:

Course	Year Of Study	Name Of Institution	Board/ University
S.S.L.C	2011	ST. SEBASTIAN'S H.S AYARKUNNAM.	BOARD OF PUBLIC EXAMINATION KERALA
INTERMEDIATE	2013	M.G.M N.S.S H.S.S LAKKATTOOR.	BOARD OF HIGHER SECONDARY EXAMINATION KERALA

PROFFESIONAL DETAILS

Course	Year Of Study	Name Of Institution	Board/ University
B.Sc Nursing	2013 to 2018	CARE COLLEGE OF NURSING	Dr.N.T.R. University of Health Sciences, A.P

HOSPITALS I TRAINED

- ESI Hospital Hyderabad
- I M J Hospital Hyderabad
- Omega Cancer center Hyderabad
- ASHA Mental Hospital
- SUREKSHA Children Hospital Hyderabad

COMPUTER SKILLS

- All Computer basics With Internet Knowledge
- Good skills in hospital based computer activities

LANGUAGES KNOWN

- English
- Malayalam
- Hindi
- Telugu

INTERESTS

- Music
- Cooking
- Travelling

STRENGTHS

- God Almighty
- My parents
- Desire to learn
- Hard-working
- Positive attitude
- Cool minded

- Team building ability
- Problem solving capability
- A good team player

ACHIEVEMENTS:

- Have been involved in different work groups for various activities like conducting Seminars, conducted in college and hospital.
- Participated in many School, College and Hospital Competitions.
- Worked as a representative in Student's Nurses Association.
- Took initiation for starting a college magazine.

DECLARATION:

I hereby state that the above mentioned information is true to the best of my knowledge submit my resume for your kind observation and favorable order. Hope my skills are sufficient for your requirement. I humbly request your good self to permit a chance to work in your esteemed hospital.

Place : Kottayam

Date : 21.10.2021

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