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# Dr. Tehmina Asif

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## PROFESSIONAL SUMMARY

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Highly motivated psychiatrist with experience in a tertiary psychiatric hospital and rehabilitation centre, looking for an environment to utilize and enhance her knowledge, experience and skills for ensuring patient care of utmost quality.

## EDUCATION

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- Bachelor of Medicine and Bachelor of Surgery (M.B.B.S.) from **SRI SIDDHARTHA MEDICAL COLLEGE, Tumkur**, Karnataka in 2015 with one year rotating internship.
- MD PSYCHIATRY from **GOVERNMENT MEDICAL COLLEGE, KANNUR** affiliated to **Kerala University of health sciences** in 2021 with dissertation titled "**somatic symptoms in depression and its correlation with severity and suicidality – a cross-sectional study**"

## Work History

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- Worked as Medical Officer for 1 year in Unity hospital , Mangalore after MBBS
- Worked as consultant psychiatrist for 1 year 3 months in Athma hospitals and research centre – a 75 bed psychiatric hospital, 200 bed rehabilitation centre .

## PRESENTATIONS AND PUBLICATIONS

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- Presented a poster “somatic symptoms in depression and its correlation with suicidality” at annual conference of Indian psychiatric society – ANCIPS 2020
- Authored a paper **“somatic symptoms in depression and their correlation with suicidality – a cross-sectional study”** Published in journal of evolution of medical and dental sciences in 2020.

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## Academic Participation

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- Attended ipsocon south zone 2022
  - Attended annual conference of Indian psychiatric society kerala – SIPSCON 2019
  - Attended annual national conference of Indian psychiatric society – ANCIPS 2020. Also presented poster.
  - Attended post graduate CME conducted by IPS , Kerala
  - Attended CME on stroke conducted by anatomy department, GMC, Kannur in 2020
  - Attended a 1 day workshop on basic life support in 2014
  - Active participation in community health services- vaccination campaigns, medical camps in rural areas
  - Participated in medical exhibition – MEDEX under physiology department in 2010
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