

# ASRAYA H

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## OBJECTIVE

Skilled optometrist, seeking a challenging career in a leading instruction where I could apply my theoretical and practical knowledge into practical field to uphold the ideals of the organization

## EXPERIENCE

**Amrita Institute of medical sciences and research center**  
17-11-21 - 16-11-22

1 year of internship(as part of Bachelor degree graduation)

- \* Refraction include subjective and objective method
- \* Paediatric vision and Cycloplegic refraction

Manual lensometer

- \* Synaptophore
- \* Retinoscopy
- \* Diplopia charting
- \* Squint workup
- \* Contact lens clinic
- \* Orthoptic assessment
- \* Keratometry
- \* Specular bio- microscopy
- \* Pachymetry
- \* Schirmers test
- \* Tonometry (Both contact and non-contact)
- \* Visual field testing-Humphrey field analyser
- \* Exaphtholmometry
- \* Low vision management and dispensing
- \* Operating optical coherence tomography (OCT \* status and cirrus)
- \* Ascan
- \* Corneal topography

## EDUCATION

**Amrita vishwa vidyapeetham**  
2018-2022

Bsc. Optometry  
Second class

**ASMM higher secondary school alathur**  
2016-2018

Plus two



## PERSONAL DETAILS

Date of Birth : 14-05-2000  
Marital Status : Unmarried  
Nationality : Indian  
Religion : Hindu  
Gender : Female  
Place : Palakkad

## SKILLS

\* Good time management and communication skill \* Patience and optimized decision making \* Hard working and sincere \* Leadership skill \* Ability to work independently as well as in a team \* Ability to provide quality patient care to our patients



## REFERENCE

**Dr. Gopal. S. Pilla (MD, DNB, FICO, FRCS) - "Amrita Institute of medical sciences and research center"**

Professor and chief vitreo retinal surgery.

**Dr. Anil Radhakrishnan (MS) - "Amrita Institute of medical sciences and research center"**

Consultant/Corneal refractive surgery.

**Dr. Natasha Radhakrishnan. (MS, DO,DNB,MRCOph) - "Amrita Institute of medical sciences and research center"**

Professor and senior consultant in Retina.

**Dr. Sujithra H (DO, DNB) - "Amrita Institute of medical sciences and research center"**

Associate professor, Department of ophthalmology.

BSS Gurukulam higher secondary school

2016

10th

## PROJECTS

### Study on Retinal vein occlusions in a quaternary care center.

My study was based on Retinal vein occlusions in a quaternary care center and it was a Retrospective study. It's was guided by Dr. Rehna Rasheed and aim of the study was to assess the demographics,risk factors,clinical features and visual outcome in patients with vein , to assess the visual outcome at 6months in patients with macular edema treated with anti VEGF injection.

## ADDITIONAL INFORMATION

Sakshama conducted by Amrita Institute of medical sciences and research center.

Various optometry programme

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**Dr. Manoj. Prathapan (MS) - "Amrita Institute of medical sciences and research center"**

Specialist in glaucoma, Associative professor.

**Dr. Rehna Rasheed (MS, DO,FRCS) - "Amrita Institute of medical sciences and research center"**

Associative professor, specializes in Uveitis and neuro ophthalmology

## LANGUAGES

English,Malayalam