PRIYANKA R,

28/394-95

TRILOKPURI CONTACT NUMBER : 9319305406

NEW DELHI-110091. EMAIL ID : NUTRITIONBYPRIYANKA@GMAIL.COM

PURSUING MSC FOOD SCIENCE AND NUTRTION (2ND YR)

**CAREER OBJECTIVE**:
LOOKING FOR A SUITABLE POSITION THAT ENABLES ME TO UTILISE MY EDUCATION IN THE FIELD OF NUTRTION AND DIETETICS AS AN INDIVIDUAL OR A MEMBER OF A TEAM AND CONTRIBUTE SIGNIFICANTLY IN THE FIELD OF COMMUNITY NUTRITION.

**ACADEMIC CHRONICLE:**

|  |  |  |  |
| --- | --- | --- | --- |
|  **LEVEL** | **SCHOOL/UNIVERSITY** | **YEAR OF COMPLETION** | **PERCENTAGE OF MARKS** |
| **MSC** | NEHRU ARTS AND SCIENCE COLLEGE. | 2020-2021 | 80% |
| **B.SC** | LADY IRWIN COLLEGE, DELHI UNIVERITY. | 2017-2020 | 80% |
| **H.S.C** | DTEA SENIOR SECONDARY SCHOOL | 2017 | 87% |
| **S.S.L.C** | D.T.E.A SENIOR SECONDARY SCHOOL | 2015 | 70% |

**PERSONAL DETAILS:**

* **FATHER’S NAME** : RAJKUMAR
* **MOTHER’S NAME** : ANU RADHA
* **GENDER** : FEMALE
* **DATE OF BIRTH** : 7th SEPT 1999
* **LANGUAGE**  : TAMIL,HINDI AND ENGLISH
* **NATIONALITY** : INDIAN

**EDUCATION**

* **SCHOOLING**

DTEA SENIOR SECONDARY SCHOOL,

NEW, DELHI, INDIA.

**UNDER GRADUATION**

* BSC HOME SCIENCE

LADY IRWIN COLLEGE, DELHI UNIVERSITY,

NEW DELHI, INDIA.

**POST GRADUATION**

* MSC FOOD SCIENCE AND NUTRITION (2020-2022 PRESENT)

NEHRU ARTS AND CIENCE COLLEGE, BHARATHIYAR UNIVERSITY,

COIMBATORE, TAMIL NADU, INDIA.

**BRIEF PROFILE**

**WORK EXPERIENCE:**

* **INTERNSHIP:** 3 MONTH INTERNSHIP AT DELHI APOLLO HOSPITAL.
* **HOSPITAL**: ST MARRY’S HOSPITAL, COIMBATORE, TAMIL NADU.

**WORK:**

1. DIBETIC COUNSELLING SESSION WITH ONE TO ONE PATIENTS ON NUTRTION IMPROVEMENT, DIET PLAN AND LIFE STLYE AND EXCERCISES.
2. MASS COUNSELLING AT THE ST MARRY’S OLD AGE HOME BY BUILDING THE GOALS PLAN WITH IDEAL LIFE CHANGES TO SUPPORT WELLNES.

**DURATION** : 1 DAY(11th SEPT 2021)

* **DIBETIC CENTRE**: ABI DIBETIC INSTITUTE, COIMBATORE, TAMIL NADU.

**WORK**: DIEBETIC COUNSELLING PROGRAM AS A DIETICIAN INSTRUCTED CLIENTS IN A PROPER MEAL PLAN AND DIET THERAPIES BY EDUCATING PATIENTS ABIOUT THE LONG TERM HEALTH BENEFITS OF BALANCED DIET, STRESS MANAGEMENT AND EXERCISE PROGRAMS.

**DURATION** : 1 DAY (13th SEPT 2021)

* **HOSPITAL** : KG HOSPITAL,COIMBATORE,TAMIL NADU.

**WORK**:DIET COUNSELLING CONSULTING DEIT CHART

**DURATION** : 1 DAY (13TH SEPT 2021)

* **HOSPITAL** : GP HOSPITAL, GANDHIPURAM,COIMBATORE,TAMIL NADU.

**WORK** : CONDUCTED A MEGA DIABETIC CAMP BY COUNSELLING MASSES .

**DURATION :** 1 DAY (10TH OCT 2021)

* **HOSPITAL** : ST MARRY’S HOSPITAL,COIMBATORE, TAMIL NADU.

**WORK** : DIABETIC SOUNSELLLING SESSION WITH PREPARED DIET CHART.

**DURATION :** 1 DAY ( 11TH OCT 2021)

* **GOVT HOSPITAL** : GOVERNMENT HOSPITAL(GH) ,COIMBATORE,TAMIL NADU.

**WORK** : ATTENDED MASSES OF PATIENT FOR INTERNATIONAL DIABETIC DAY CELEBRATION.

**DURATION** : 1 DAY ( 15TH NOV 2021)

* **HOSPITAL** : SREE DIABETIC CENTER,COIMBATORE,TAMIL NADU.

**WORK**:DIABETIC COUNSELLING SESSION.

* **WORK** : DIET APP DEVELOPMENT AT CSR NURSING HOME ,COIMBATORE

**SKILLS**:

* GOOD INTERPERSONAL SKILLS.
* COMMUNICATION SKILLS,INCLUDING THE ABILITY TO EXPLAIN COMPLEX THINGS SIMPLY.
* AN UNDERSTATING OF SCIENCE.
* DEVELOPING HYDROPONIC SYSTEM.
* ABLE TO MOTIVATE OTHERS.
* TEAM WORKING SKILLS.
* DIET SUPERVISION.
* COUNSELLING THE PATIENT.

**IT SKILLS:**

* MS WORD, MS EXCEL AND MS POWER POINT.

**EXTRACURRICULAR AND CERTIFICATES**:

* CERTFICATE OF PARTICIPATION IN WEBINAR ON PACKAGING OF FOOD TRENDS AND PROSPECTS ORGANISED BY DEPARTMENT OF FOOD TECHNOLOGY, LADY IRWIN COLLEGE, DELHI UNIVERSITY,NEW DELHI(30-07-2020).
* ACTIVELY PARTICIPATED IN SEMINAR ON”FOOD SAFETY EVERYONE’S BUSINESS AS A PART OF WORLD FOOD SAFETY DAY BY NETPROFAN, COIMBATORE CHAPTER (15-06-2021).
* CERTIFICATE OF PARTICIPTION ON COVID QUIZ ORGANIZED Y DEPARTMENT OF COTUME AND DESIGN, NEHRU ARTS AND SCIENCE COLLEGE, COIMBATORE (26-06-2021).
* ACTIVELY PARTICIPATED IN NATIONAL AGRICULTURAL FESTIVAL HELD BY ICMR PREMISES OF SHIATS ALLAHABAD (9-07-2021).
* IN ACCORDANCE WITH THE NATIONAL NUTRITION WEEK 2021 CELEBRATION, THE DEPARTMENT OF NUTRITION AND DIETETICS ORGANIZED A WEBINAR ON”HEALTHY FOOD CHOICES TO PREVENT MALNUTRITION” BY PROF.DHANAPALAN COLLEGE, KELAMBAKKAM (6-09-2021).
* WEBINAR CONDUCTED BY ELITE STUDIO ON “PHYSICAL FITNESS” (12-09-2021).
* CERTIFICATE OF PARTICIPATION ON NATIONAL WEBINAR “NUTRITIONAL CARE PROCESS FOR LIFESTYLE DISEASES” HELD ON 27th NOVEMBER 2021.
* CERTIFICATE OF APPRECIATION ON PARTICIPATION OF QUIZ COMPETITION ON CONSTITUTIONAL DAY BY LAW AND ORDER MINISTRY ON 24TH OF NOVEMBER.
* CERTIFICATE OF APPRECIATION FROM ELITE DIET STUDIO,CHENNAI FOR ONE MONTH INTERNSHIP.

**DECLARATION*:*** I HEREBY CONFIRM THAT THE INFORMATION FURNISHED ABOVE IS CORRECT TO THE BEST OF MY KNOWLEDGE.

**DATE:** 15TH SEPT 2022
**PLACE**: COIMBATORE **(PRIYANKA.R)**