

## CURRICULUM VITAE

**Name:** Dr. AKHIL M KUMAR

### Permanent address

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### Personal Particulars

Sex : Male  
Date of birth : October 14, 1990  
Nationality : Indian  
Marital status : Married

### Medical License:

Travancore Cochin Medical Council, Kerala  
Medical license number: TCMC 55567

### Career Objective

Looking for a position in an established hospital to practice my skills and serve the people while maintaining and improving the reputation of the firm. At the same time seeking an opportunity to gain experience and enhance my abilities in meeting the ever-growing healthcare needs

### Personal qualities

- A trustworthy doctor focused on patient care and comfort and to provide the best treatment possible.
- Passionate medical professional with superior verbal and written communication skills and a pleasant bedside manner.
- Very adaptable to working conditions and have a friendly professional relationship with everyone on team.
- Able to prioritize work loads during busy periods and keep my calm during strenuous situations.
- Ability to provide patients with outstanding physical and emotional support during diagnosis, treatment, and recovery stages.

### **Key responsibilities handled**

- Managing of all orthopaedic patients in the emergency department and providing primary care and managing the patient and explaining to the patient and relatives the plan of management and prognosis.
- Managing all the admitted patients and skilled in preoperative, intraoperative and post operative care of the patient.
- Dealing with sensitive circumstances in the emergency department or in the wards.
- Provide care and follow up on patients in the outpatient department.
- Posting, managing and planning of patients on preoperative and operation days.
- Assisted and performed multiple orthopaedic surgeries in the operation theatre.

### **Academic qualifications**

Post graduation

Sr. No.	Institution	Place	Duration	Period
1.	DNB Orthopedic surgery at Lourdes Hospital	Ernakulam, Kerala, India	3 years	31/05/2018 to 30/08/2021

### **Education History**

Sr. No.	Level	University/School	Completion year	Marks
1.	DNB Orthopaedic Surgery	National board of examination	2021	52.57
2.	MBBS	Azeezia Institute of Medical science and Research. Kollam, Kerala	2015	67.31
3.	CBSE XII	Kendriya Vidyalaya Adoor	2008	78
4.	CBSE X	Kendriya Vidyalaya Adoor	2006	88

## Experience

1. **Senior Resident- Medanta Medicity, Gurgaon from May 05, 2022**
2. **Junior consultant Orthopedic surgeon at KIMS Sunrise hospital, Kasaragod, Kerala– October 1, 2021 to March 31, 2022.**
3. **DNB Resident in Orthopaedic surgery — Lourdes Hospital - 30/05/2018 — 30/05/2021**

Lourdes Hospital is the first NABH accredited Catholic Mission Hospital in Kerala with numerous specialty and super specialty departments. It has over 500 patient beds. Department of Orthopaedic has an annual average of 5000 in-patient admissions, 2000 minor surgeries and 1500 major surgeries.

During the period of my residency I have assisted in numerable trauma cases and have individually performed many of them including Closed and open reduction of fractures and dislocations, Proximal femoral nailing for Intertrochanteric fractures , Intramedullary nailing for femur, tibia and humeral fractures, Open reduction and internal fixation of forearm, humerus and both bones leg, femur and ankle joint fractures, Closed reduction and K- wire fixation of distal end radius fracture, ORIF/CRIF of phalangeal, metacarpal and metatarsal fractures using K-wires and mini fragment sets, Minimally invasive plate osteosynthesis, Tension band wiring for Olecranon and Patella, Hemi-replacement Arthroplasty of hip

Dequervain's tenosynovitis release, Carpal tunnel decompression, Trigger finger release, Tendon repairs

Managed tendon injuries, soft tissue injury management in open fractures, split skin grafting over raw areas, Vacuum assisted closure of wounds

Assisted diagnostic and therapeutic arthroscopic meniscectomies, meniscal balancing, meniscal repair, loose body removal and biopsies of the knee joint

Assisted Arthroscopic meniscal repair and Arthroscopic ACL reconstruction

Assisted in spine surgeries

Assisted in numerous joint replacement cases of the hip, knee, shoulder, and radial head replacements.

Assisted in ligament reconstruction surgeries and complicated multifilament injuries around knee.

Assisted in shoulder arthroscopic surgeries for various procedures like Cuff repair, Bankart's repair etc.

Assisted in various arthroscopic procedures of the shoulder, elbow, wrist, hip, knee and ankle.

Performed diagnostic scopy of knee joints.

Assisted in tumor cases and managed some with limb salvage surgery using megaprosthesis.

Assisted in various deformity correction cases.

Assisted in microscopic lumbar discectomy and posterior stabilization of spine cases.
4. **One year rotationary internship at Azeezia Medical College Hospital from Nov 1, 2014 till Oct 31, 2015.**
5. **Casualty duties at multiple hospitals from November 2015 till December 2016**
6. **Tutor at Mount Zion Medical College in Dept of Community Medicine for 4 months from December 2016 till April 2017.**
7. **Assistant surgeon at PHC Vallikunnam (ADHOC) from Jan 16, 2018 till Feb 10.**
8. **NRHM medical officer at PHC Thamarakulam, Alappuzha**

### **Topic of dissertation for DNB Orthopaedic surgery**

A study to analyze the functional outcome of arthroscopic meniscal repair in isolated meniscal injury or with concomitant Anterior cruciate ligament tear.

### **Conference and workshops attended**

1. Amrita Fracture Course 2018 at AIMS, Kochi on 14<sup>th</sup> & 15<sup>th</sup> October 2018
2. 38<sup>th</sup> Annual conference of Kerala Orthopaedic Association, KOACON 2019 at Quilon Beach Hotel on 25,26,27 January 2019
3. Lourdes knee Arthroplasty and arthroscopy live , May 18<sup>th</sup> & 19<sup>th</sup>, 2019
4. Cochin International Orthopaedic Summit at Grand Hyatt & Convention Centre, Bolghatty Island, Kochi, Kerala on October 4, 5, 6" 2019
5. 39<sup>th</sup> Annual conference of Kerala Orthopaedic Association, KOACON 2020 at Shia Convention Centre, Perinthalmanna on 24, 25, 26 January 2020

### **Presentations**

- 2020 — Paper presentation on, “Functional outcome of simultaneous arthroscopic ACL and PCL reconstruction ” in Kerala Orthopaedic Association Conference 2020.
- 2020— Video paper presentation on “ Sprengel shoulder “ in Kerala Orthopaedic Association Conference 2020.
- 2020— Poster presentation on “ Sprengel shoulder “ in Kerala Orthopaedic Association Conference 2020
- 2019 — Paper presentation on, “Functional outcome of simultaneous arthroscopic ACL and PCL reconstruction ” at Cochin International Orthopaedic summit 2019.

### **Membership of Professional Bodies**

- Post graduate student membership of Cochin Orthopaedic society
- Temporary member of Kerala Orthopaedic Society.
- Member of Pathanamthitta ortho club

## **References**

Dr. John Thayyil John  
MS(Ortho), MCh (Ortho), MRCS, FRCS (Glasgow)  
Senior Consultant and Head of department  
Lourdes Hospital, Ernakulam  
Email: [drjohntortho@gmail.com](mailto:drjohntortho@gmail.com)  
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Dr. Joice Varghese  
Dortho , DNB Ortho  
Senior consultant  
Lourdes Hospital, Ernakulam  
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I hereby declare that the above-mentioned information's are true and correct to the best of my knowledge and belief.

Place : Kochi  
Date :

Dr. AKHIL M KUMAR

