



AJEENA V J

CONTACT

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29/05/1996

OBJECTIVE

To establish my carrier independently in the field of nursing and to contribute to the growth of the organisation in which am working.

SKILLS

- Proven experience as operating room nurse
- Remarkable knowledge and experience in organ transplantation and procurement procedure
- Excellent knowledge of aseptic and sterile techniques
- Solid understanding of patient safety and precautions
- In-depth knowledge of surgical operation procedures
- A great team player with excellent communication skills with patients and physicians
- Quick decision-making skills to provide proper medical care
- Technological aptitude to operate medical equipment
- Ability to establish rapport with patients quickly
- Expertise in various medical procedures, including inserting IVs and taking vitals.

LANGUAGE

✓ English, Hindi, Malayalam

EXPERIENCE

LISIE HOSPITAL, ERNAKULAM

STAFF NURSE (UROLOGY OPERATION THEATRE)

04/07/2019 -

05/07/2022

Assess patients prior to surgery and alleviate their concerns. Prepares the instruments and equipment needed in the operation. Watch the field/ procedure and anticipate the surgeon's needs and pass the instrument in a decisive and positive manner as needed in the procedure. Save and care for tissue specimen according to the hospital policy. Adhere and maintain sterile technique and watch for any breaks. if any breaks found then inform immediately to the surgeon. Undertake count of sponges and instruments with circulating nurse and correlate with the pre-surgery findings. Assist the surgeon for suturing the surgical incision. To assist in the cleaning, packing and sterilisation of instruments and surgical supplies according to central sterile supply department (CSSD) standards.

LAKSHMI HOSPITAL, ERNAKULAM

STAFF NURSE TRAINEE (GYNAECOLOGY OPERATION THEATRE)

28/05/2018 -

28/05/2019

Meeting with expectant mothers for prenatal visits and providing care for normal and problematic pregnancies. Teaching childbirth preparation classes. Providing information, guidance, and hands-on clinical care to pregnant women. Monitoring fetal heartbeat and length and strength of contractions during labor. Coaching women, assisting with any complications and administering medications during birth. Performing tests on newborns after birth. Providing guidance to new mothers on all aspects of recovery and infant care. Using equipment and administering medications related to labor, delivery, and the care of newborns.

EDUCATION

SANJOE COLLEGE OF NURSING , PERUBAVOOR

BSC NURSING

62 %

2014 - 2017

ST.JOSEPH'S HSS, MATHILAKAM

PLUS TWO

73 %

2012 - 2013

O L F G H S , MATHILAKAM

SSLC

78 %

2011

REGISTRATION DETAILS

Kerala Nursing Midwives Council

KL03201804856

19/07/2018 to 18/07/2023

RESEARCH DETAILS

A study to assess knowledge regarding the healthy lifestyle in adolescents.