



RIYA ELIAS

O C C U P A T I O N A L T H E R A P I S T

CONTACT

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Thandakkadan (H)
Paduvapuram P.O.
Edakkunnu, Kerala -683576

PERSONAL DETAILS

- Date of Birth: 05th January 2000
- Gender: Female
- Nationality: Indian

LANGUAGE

English
Malayalam
Hindi
Tamil
Kannada

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PROFESSIONAL PROFILE

A dedicated, hardworking and enthusiastic individual seeking a position as an occupational therapist, is highly motivated to meet patient needs and professional goals. Offers enhanced care and is flexible and able to adapt to challenges. Enjoys working with patients of all ages (from children to older adults) to help maximize their level of independence.

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EDUCATION

Bachelor of Occupational Therapy

Manipal Academy of Higher education

- Manipal college of health professions (2018-2023)

Higher Secondary

Central Board of Secondary Education

- Naipunnya Public School, Edakunnu, (2016-2018)

10th standard

Central Board of Secondary Education

- Naipunnya Public School, Edakunnu, (2016)

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WORK EXPERIENCE

- Working as an intern at Kasturba Medical College, Manipal currently. (Internship till January)
- Worked as a trainee at National Institute of Mental Health and Neuro Sciences(NIMHANS), Bangalore (1 month).

SKILLS

- Good verbal and written communication skills
- Excellent listening skills
- Effective problem solving
- Excellent time management skills

- Experience in areas of:
 1. Neuroscience
 2. Paediatrics
 3. Orthopaedics
 4. Mental Health
 5. Hand splinting
 6. Plastic surgery
 7. General Medicine
 8. Community

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PROFESSIONAL DEVELOPMENT

- Ongoing research: " The outcome of Occupational Therapy intervention in peripheral nerve injuries- a scoping review" - Dec 2022.
- Conducted an online seminar on " Community integration of people with spinal cord injury"- October 2021.
- Conducted a webinar on " Safety in our hands- Women Empowerment- October 2020
- Conducted Role play for role and value clarification at Udupi district prison- "visit a prison"- October 2019
- Conducted walkathon for creating awareness about active ageing, well being and healthy living for older adults- "Young at Heart"- October 2018
- Student member of All India Occupational Therapist's Association -2018-2023

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PROFESSIONAL SKILLS

- Patient assessment and setting client-centered SMART goals
- ADL assessment and training
- Treatment plan development and documentation
- Basic splint fabrication
- Knowledge to use standardized and non-standardized assessments
- Thorough understanding about the "Occupational Therapy Practice Framework".
- Providing effective home programmes

REFERENCE

Dr. Vinita A Acharya

Head of Department,

Department of Occupational Therapy,

Manipal College of health professions,
MAHE, Manipal.

Ph No : 0820 2923254

E-mail: vinita.acharya@manipal.edu

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CERTIFIED COURSES

- Mental Health and Resilience for Healthcare Workers, University of Toronto - Coursera
- Managing ADHD, Autism, Learning Disabilities and Concussion in Schools, University Of Colorado System - Coursera
- Schizophrenia, Wesleyan University - Coursera
- ADHD: Everyday Strategies for Elementary Students, University of Buffalo, The State University of New York - Couseara

I, Riya Elias, hereby declare that the above furnished information is true to the best of my knowledge and belief.