

## CURRICULUM VITAE

ANUPA VINOD  
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### Objective

Aspiring for a challenging carrier in Nursing, desirous of taking up challenging jobs and executing them in time to the satisfaction of the client and prospective growth in carrier. If given a chance to serve, I shall prove my worth and will try to be an asset to the organization

### Academic profile

Qualification	Year	Institution	Board/University
Plus Two	2017	Baker Memorial GHSS Kottayam	Kerala Board of Higher Secondary
SSLC	2015	St. Mary's GHSS, Athirampuzha, kottayam	Board of Public Examination Kerala

### Professional qualification

Qualification	Duration	Year	Institution	Board/University
Bachelor of Science in Nursing	4 years	2017-2022	Laxmi Meghan College of Nursing	Kerala University of Health Sciences, Kerala,India

Experience

No

## Equipment handled

- ECG machine
- Comfortable Device
- Glucometer
- Thermometer
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- Nebulizer
- Stethoscope
- Sphygmomanometer □      Pulse oximeter

## Duties and responsibilities

- To provide high quality patient centric care
- Collaborating with doctors and other members of multidisciplinary team
  - Assessment of patients with medical, surgical and gynecological complaints under supervision
- Medication management as oral medications, Intravenous, Intramuscular and subcutaneous injections.
- Nebulisation and oxygen administration    ○ Blood, urine and stool collections    ○ Health education    ○ Teaching practice    ○ Dressing, Nasogastric feeding and catheter care    ○ Maintaining personal hygiene and comfort of patients
- Blood pressure, temperature, oxygen saturation, blood sugar monitoring and neurological exams
- Effective communication with patients and family    ○ Venepuncture and cannulation    ○ Managing emergency situations    ○ To operate various clinical software and applications    ○ Documentation and maintaining patient records according to the policies and procedures
- Facilitating prompt and safe discharges of patients by coordinating with other members of multidisciplinary team    ○ keeping my skills and knowledge up to date
- Liaising with patient's family when needed    ○ Providing physical and psychological support to patients and their families    ○ To identify the care needs of each patient and formulate care plan accordingly.
- To Promote the independence of patients    ○ To maintain safe and clean environment    ○ Maintaining continuity of care    ○ Maintaining the confidentiality of patient information    ○ Prioritizing my work and delegation, time management    ○ Supervising new staff and students    ○

Leading the team and promoting teamwork ○ Assess the nutritional status of the patients and take appropriate actions ○ Assist the patients with the Activities of daily living ○ Do the ward rounds with consultants and follow the doctor's orders ○ Maintain intake and output charts ○ Provide Basic Life support when needed ○ To maintain the privacy and dignity of the patients at all times ○ Proper handover of the patients to the next shift staff ○ Monitor the patients and escalate the deteriorating patients

### **Personal skills**

- Empathetic in Nature
- Hardworking
- Integrity
- Maintaining high standards of care at all times
- Punctuality
- Sincerity

### **Languages known**

- English □ Hindi
- Malayalam

### **Computer knowledge**

- M.S Office
- Internet Browsing □ Hospital Software

### **Personal details**

Gender : Female  
Date of Birth : 11/02/2000  
Marital Status : Single  
Religion : Hindu  
Nationality : Indian

### **Declaration**

I am eagerly looking forward to an opportunity to meet up with you to discuss my qualifications in detail. Many thanks in advance for your consideration.

Thanking you in anticipation

Yours Faithfully

Name : Anupa vinod

Date : 11-11-2022