

VINAYA JOSE

B.sc NURSE

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A. PERSONAL DETAILS

| | |
|-------------------------|---|
| Age & Date of birth | 32 years, 02/02/1990 |
| Gender | Female |
| Marital status | Married with 2 Kids |
| Name of Husband | Mr. Jopaul Johnson |
| Religion & Caste | Christian, R.C.S.C |
| Education Qualification | DEGREE (B.SC NURSING) |
| Languages Know | English, Malayalam, Tamil, Hindi and Telugu |
| Nationality | INDIAN |

B. EXPERIENCE

REGISTERED NURSE with **7 Years 7 Months** Experience in **ICU**.

- **5** Years of experience in **NICU**
- **2 Years 7 Months** of experience in **MDCCU**

C. EMPLOYMENT RECORDS

1. FROM 16.01.2020 to 02.09.2022: Republic of **INDIA**
 - Department : **MDCCU**
 - Hospital : **APPOLO PROTON CANCER CENTER**
 - Location : CHENNAI
2. FROM 19.11.2014 to 24.11.2018: Republic of **INDIA**
 - Department : **NICU**
 - Hospital : **PVS MEMORIAL HOSPITAL**
 - Location : KERALA
3. FROM 05.07.2013 to 06.09.2014: Republic of **INDIA**
 - Department : **NICU**
 - Hospital : **PUSPANJALI CROSSLAY HOSPITAL**
 - Location : New Delhi

D. CAREER OBJECTIVE

- Seeking a position my knowledge that can be shared and enriched.
- An opportunity where I can apply my knowledge.
- I would like to contribute effective for the growth of the organization.
- I work for whom I am sure, will in turn, contribute to my personal growth.

E. DUTIES AND RESPONSIBILITIES

- Attending and managing all emergencies and emergency equipment's
- Preparation and administration of medicines like antibiotics, narcotics. Inotropes. Emergency drugs etc.
- Admission and discharge procedures
- Assisting doctors in procedure like endotracheal intubation, CVP line, perform CPR, administration of oxygen etc.
- Assessment of patient's condition and referral service and dialing with patients relatives continues bedside monitoring with the help of cardiac monitors.
- To provide isolated patient with various life support devices.
- To provide psychological, spiritual and basic support to the patient
- Keep strict aseptic technique, clean patient area and good patient hygiene
- Participate in –service education
- Monitoring vital signs, urinary catheterization
- Preparation of nursing care plan and nursing diagnosis
- Blood transfusion
- File works, reports, and recording of lab values
- Orientation program
- Assisting in paramedical services
- Proper handing over the patient to next staff
- Wound dressing and suture removal
- O2adminstration through O2 nasal prong ,venture mask

F. EQUIPMENTS USED

- Ventilator SLE5000 ,SLE2000
- Radiant warmer
- Suction apparatus ,oxygen cylinder
- Nebulizer, different procedure instruments
- Infusion pump and syringe pumps
- ECG Machine, weighing machine
- Glucometer
- Bi pap and C pap machine, ambu bag
- Computer and remote bed
- Water bed, alpha bed, pressure bag, tracheostomy equipment's
- CVP monitor, DVT pump, plus oxymeter

G. ASSISTED IN AND EXPERIENCED IN CARE

- Lumbar puncture
- Central line insertion
- Fluid Tapping
- Umbilical catheterization

- ABG
- Arterial line insertion
- ICD insertion
- Care of ventilators patients
- Suction procedures
- Resuscitative drugs
- Seizure precaution
- perform CPR
- Intubation and extubations
- Surfactant administration
- Peripheral line insertion
- Administration of narcotics, high alert medicines

H. ADVANCED NURSING PROCEDURES

- Warmer care
- IV therapy
- Intra dermal injections
- Intramuscular injections
- Laryngoscopy
- Suture removal
- Total parenteral nutrition
- Collection of specimens

I. SKILLS

Meticulous and well-organized team leader with strong analytical, problem solving, client handling, communication, technical correspondence, coordination, supervision and communication skills.

J. COMPUTER KNOWLEDGE

- Windows XP ,windows 7 & 10
- MS office word, excel
- Internet Email

K. PASSPORT DETAILS

- Passport no : **N 5538659**
- Date of issue : 18.12.2015
- Date of Expiry : **17.12.2025**
- Place of issue : Cochin

F. DECLARATION

I hereby state that all the details mentioned above are true to by knowledge.

Date.....

Place.....

Vinaya Jose