

STEPHY RAJEEV

Parappallil Meledathu,
Mathoor (P.O) Pathanamthitta Kerala – 689647

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PROFESSIONAL OBJECTIVE

Ambitious Board Certified Registered Nurse with exceptional background of performance. Expert in all aspects of patient care with success in working with multidisciplinary teams to create care plans focused on helping patients recover from medical or surgical procedures and manage complex mental disorders. Accomplished in leading unit-based groups to improve delivery of care and patient satisfaction. Seasoned nursing professional offering proven clinical knowledge, natural interpersonal strengths and technical abilities. Knowledgeable about EMR charting, medication administration and interdisciplinary collaboration focused on optimizing patient care and support. Quality-focused and efficiency-driven leader.

WORK HISTORY

June 2019-October 2021

Registered Nurse, MEDANTA-THE MEDICITY, GURGOAN- (CARDIAC DEPARTMENT)

- Provided direct patient care, stabilized patients and determined next course of action.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Managed care from admission to discharge.
- Participated in nursing simulation activities, evidence-based practice project implementation and competency development to further nursing education.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Minimized hospital stays with recovery-centered approaches, reducing average in-patient stay length.
- Monitored patient reactions to drugs and carefully documented findings.
- Kept optimal supply levels in treatment rooms, triage and other areas to meet typical patient loads.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Assisted arterial cut-downs, insertion of central lines and endotracheal tubes.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Managed quality care for patients with heart failure, end-stage renal disease and coronary artery disease.
- Organized and managed care of patients undergoing various therapies and procedures.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.
- Provided didactic and clinical instructions to orient new nurses and potential student nurses to achieve training outcomes.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Implemented medication and IV administration, catheter insertion and airway management.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.

EDUCATION

1. December 2018
Bachelor of Science in Nursing.
Dr.NTR University of Health Science
MEDICITI COLLEGE OF NURSING,
TELGANA.
2. June 2014
Board of Higher Secondary Examination
SNDP HIGHER SECONDARY SCHOOL,
CHENNERKARA, KERALA.
3. June 2012
Board of Public Examination
SNDP HIGHER SECONDARY SCHOOL,
CHENNERKARA, KERALA.

SKILLS

- Care Coordination
- Accurate Documentation
- Attention to Detail
- Compassionate and Caring
- Monitoring Vital Signs
- Medical Supply Management
- Preventive Healthcare
- Patient Condition Monitoring
- Clear Patient Communication
- Medical Procedure Preparation
- Treatment Preparation
- Decision Making
- Critical Thinking
- Patient Care Oversight
- Patient Examination
- Creative Problem Solving
- Medical Recordkeeping
- Blood Draw and Sample Collection
- Nursing Consultation
- Medication Administration
- Diet and Nutrition
- Specialized Healthcare Referrals
- Patient Care Assessment
- Procedure Assistance
- Procedure Room Preparation
- Immunizations and Vaccinations
- Rehabilitation Assistance
- Emergency Diagnostics
- Routine Examinations
- Community Healthcare Programming
- Delegation and Motivation
- Student Precepting
- Therapy and Counselling
- Alternative Treatments
- Community Program Referrals
- Test Interpretations
- Group and Individual Instruction
- Nursing Performance Assessment

- Diagnostic Test Evaluations
- Treatment Plan Modification
- Infection Control Procedures
- Direct Patient Care
- Unit Oversight
- First Aid

- Disaster Site Triaging
- Healthcare Personnel Supervision
- Diagnostic Test Ordering
- Microsoft Office
- Infection Control Process Coordination

TRAINING

- ACLS - ADVANCED CARDIOVASCULAR LIFE SUPPORT
- BLS - BASIC LIFE SUPPORT
- PALS - PAEDIATRIC ADVANCED LIFE SUPPORT

CERTIFICATION

- Registered to **Kerala Nursing Council**.

PERSONAL DETAILS

Name : Stephy Rajeev
Father's Name : Rajeev P Varghese
Date of Birth : June-10-1997
Religion : Christian
Nationality : Indian
Gender : Female
Marital Status : Unmarried
Language's known : Malayalam, English, Hindi, Telugu & Tamil

REFERENCE

- 1) Mr. Vinod Krishnankutty
Nursing Superintendent
Medanta-The Medicity
Gurgaon, Haryana. 122001

DECLARATION

I hereby declare that all the above information are true and correct to the best of my knowledge and belief.

Place:

Date:

STEPHY RAJEEV