THANSEEM TT

HSE OFFICER

Being a young resourceful HSE OFFICER with almost 6 years' experience, intend to build a career by workingwith a professionally managed growth oriented organization in a more challenging capacity

DOB	; 03/07/1993
Marital status; single	
Religion	: Islam
passport no	; M9943990

TRAINING

In plant training in Fertilizers And Chemicals Travancore Ltd, Udyogamandal, Cochin Fire Prevention and Fire Fighting training from Cochin

Shipyard Ltd-2016 Basic Fire watcher and first aid training from National Centre for management and training , Abu Dhabi -2022

CONTACT



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5ba254125



kochi ,kerala

EDUCATION

2011 - 2014 Maharajas College, Cochin, Kerala Bachelor of Science, Physics Instrumentation

CERTIFICATIONS

NEBOSH international general certificate-2016 IOSH managing safety -2016 Diploma in industrial and fire safety PG diploma in industrial instrumentation

SKILLS & CORE COMPETENCIES

Risk assessment and hazard identification Safety management Emergency response and disaster management Permit coordinator Fire fighting Task management MS Office

EXPERIENCE

SMART HOME TECHNOLOGIES Abu Dhabi, as **HSE ENGINEER**

March 2022- November 2022 2.1 GW AL DHAFRA PV2 INDEPENDENT POWER PROJECT

- Implementing HSE standard as per client and HSE regulation.
- Ensure Tool Box Talks, coordinate with job performer and supervisor
- Identifying & rectifying the workplace unsafe conditions and unsafe acts.
- Reporting the unsafe acts and conditions to management and follow up for the close out.
- Prepare applicable HSE reports
- Verifying permit to work documents and machineries ,equipment's ,,hse checklists
- Verifying and keeping equipment's ,machineries ,operators third party certificates
- Monitor to ensure compliance with standards and procedures.
- Preparing task risk assessment for all activities, implementation and assist in compliance reviews.
- Participating in walk through and HSE Meetings with Safety management.
- Preparing HSE statistics reports for the HSE or management meetings
- Assisting in emergency response and provide first aid treatment.
- Monitoring in Health & Welfare facilities at workplace.

ADVANCED PETRO SEVICES LLC, AbuDhabi

December 2021 — February 2022 as HSE officer Client: BOROUGE (Adnoc shutdown project) Procurement and construction for plant modification works for B1TA -TA 2022 at borouge-17 pmps

- Implementing HSE standard as per client and HSE regulation.
- Ensure Tool Box Talks, coordinate with job performer and supervisor
- Identifying & rectifying the workplace unsafe conditions and unsafe acts.
- Reporting the unsafe acts and conditions to management and follow up for the close out.
- Prepare applicable HSE reports
- Conduct emergency evacuation drills in frequent intervals
- Monitor to ensure compliance with ADNOC standard sand procedures.
- Preparing task risk assessment for all activities, implementation and assist in compliance reviews.
- Participating in walk through and HSE Meetings with Safety management.
- Preparing HSE statistics reports for the HSE or management meetings
- Assisting in emergency response and provide first aid treatment.
- Monitoring in Health & Welfare facilities at workplace.

RF exports (Febin Marine Foods) Chandiroor

April 2018 —September 2019 as HSE Officer

- Applying standard safety procedures within the Work place and area of operations
- Monitor and ensure smooth operations of machineries, equipment's, and its legal documentation
- Arrange and conduct internal training for all workers including weekly TBT
- Plant activities monitoring and advice corrective measures
- Monitoring noise, temperature control measures including PPE for workers
- Taking active participation in risk assessment, permit to work, accident/ incident investigations and preparing detailed report
- Carrying out periodic inspections at machine rooms, processing plant, equipment's and Tools
- Periodic inspection and checking of fire pumps, fire extinguishers and smoke detectors
- Monitor and ensure suitable and sufficient welfare measures provided in the site reasonably practicablelevel
- Actively involved in audits such as BRC, BAP, ASC, IFS, UKAS
- Preparing of safety documentations.
- Actively promoting hazard identification, reporting and elimination of control

AAG INDIA / UPDATER SERVICES, Kochi Client: RESERVE BANK OF INDIA

February 2020 – October 2021 as FIRE & SAFETY SUPERVISOR

- Participate in training, drills in firefighting ,emergency medical care ,disaster response and specialized rescue
- Perform firefighting work ,including preventing , combating and extinguishing fires to protect lives
- Effectively analyze hazardous situations and take appropriate course of action
- Perform general maintenance work of fire equipment and facilities
- Carrying out routine safety walks in office premises
- Operate fire equipment's and tools appropriately

MARY MATHA CONSTRUCTIONS Pvt Ltd Cochin

October 2017 - January 2018 as Safety Officer

Client: Info Park Cochin, Multi-level CarParking Project

- Ensure monitoring daily toolbox talks and conducting safety meetings
- Assisting in carry out periodical inspection of equipment and tools, crane & lifting gear etc. along with concerned competent personal
- Implementing all excavation procedures (permits, checklists, barricading, signages, access etc.)
- Identification of unsafe condition and reporting to the department engineer on time
- Ensure all incident, accident, near miss reported
- Applying standard safety procedures within the work place and area of operations
- Ensure and verify all activities has relevant permits (excavation, work at height, lifting, hot works, confined space permits etc.)
- Monitoring dust, noise, temperature control measures including PPE for worker

AARKAY ERECTORS PVT LTD, cochin

June 2015 — September 2017 as Safety officer Client: Cochin Refinery

- Ensure monitoring daily toolbox talks and conducting safety meetings
- Assisting in carry out periodical inspection of equipment and tools, crane & lifting gear etc. along with concerned competent personal
- Monitor and ensure smooth operations of equipment and legal documentation
- Ensuring fire and electrical safety (hot work permits, availability of fire extinguishers, appropriate housekeeping, and approved electrical power source and appliance)
- Reporting-ensure all incident, accident, near miss reported
- Ensure and verify all activities has relevant permits (work at height, lifting, hot works, and confined space permits etc.)
- Monitoring and testing gas, dust, noise, temperature control measures including PPE for workers