

BINDHIYA K



CONTACT

@ bindhiyak58@gmail.com

9061492358

Kattilancheri Ramapuram Malappuram

PROFESSIONAL SKILLS

Diet counselling

Nutrition principles

Lifestyle coaching

BMI knowledge

Therapeutic diet planning

Dietary habits evaluation and modifications

LANGUAGES

English

Malayalam

Hindi

ACHIEVEMENTS & AWARDS

One month E internship programme in clinical nutrition

Diploma in health and intelligents

HACCP level 3 awarded with distinction

Food safety supervisor in milk and milk products

Inplant training at milma Edappally Kochi

OBJECTIVE

Looking for a suitable position that enables me to utilise my education in the field of nutrition and dietetics as an individual or a member of a team and contribute significantly in the field of community nutrition

EXPERIENCE

Aster MIMS Kottakkal

Oct 2021 - April 2022

Clinical Dietitian Trainee

Aster MIMS Kottakkal

April 2022 - Till Date

Clinical Dietitian

EDUCATION

MSc.Nutrition and Dietetics

2019-2021

Calicut University, vimala college Thrissur

4.06

Bsc.Food Technology

2016-2019

Calicut University, MSTM Arts and Science college Perinthalmanna

3.8

GHSS Kadugpuram, Malappuram

2014-2016

Higher secondary

80%

Sree valluvanad vidya bhavan, perinthalmanna

2014

Matriculation

7.8

REFERENCE

Athulya shiv - "ASTER MIMS kottakkal"

Chief dietitian

athulyashiv.kk@asterhospital.com

COMPUTER SKILL

MS Word MS Office MS Excel

DECLARATION

I Bindhiya k, here by declare that all the details furnished here are true to the best of my knowledge and belief.