

## DR. JOYES MARY JOSE

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### **OBJECTIVE**

To pursue a career as an anaesthesiologist in frontline healthcare institutes, eager to build on my practical experience in the field.

### **PROFESSIONAL QUALIFICATIONS**

- Doctor of Medicine ( MD Anaesthesiology), JIPMER,Puducherry,India (February 2018 – March 2021)
- MBBS, JIPMER, Puducherry India ( July 2011- December 2016)

### **WORK EXPERIENCE**

1. **Junior Resident, Anaesthesiology**  
February 2018 to March 2021
2. **Specialist in Anesthesiology, IQRAA International hospital and research centre, Calicut**

- Provision and maintenance of life support and airway management during emergencies and preparation of patient for emergency surgery
- Prepare patient for administration of general and regional anesthesia prior to surgery
- Ensure that anesthesia monitoring appliances are in top condition prior to any scheduled surgical operation
- Well versed in administering regional and general anesthesia for elective and emergency procedures
- Perioperative anesthetic management of patients, including preoperative assessment, optimisation, intraoperative and postoperative management and followup
- Experience in critical care medicine, postoperative icu management
- Coordinate with surgical team during medical procedures under the supervision of the head anesthesiologist, administering effective doses for patients in surgery and monitoring their condition.
- Experienced in management of obstetric emergencies and labour analgesia

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- Experienced in placing central venous catheters, arterial cannulae and epidural catheters
- Well versed in intubation and weaning from mechanical ventilation
- Providing monitored anesthesia care for patients in CT/MRI suites, endoscopy suites and cath lab
- Transport of critically ill patients
- Cardiopulmonary resuscitation
- Managed ASA 1 and 2 cases independently
- Ventilator management of critically ill patients
- Pain management in patients suffering from chronic pain
- Facilitate residency training and instruction, integrating new residents into the operation.
- Trained under experienced anesthesiologists, acquiring hands-on experience in patient care and treatment.
- Collaborated in research projects, facilitating trial procedures, logging test results, and fielding test subjects.

### **SKILLS**

- Effective critical thinking skills under high-pressure emergency situations, allowing me to make quick decisions under duress.
- Active listening abilities, facilitating clear communication between doctors and patients, ensuring patient needs are met.
- Quick decision making skills
- Ability to self-assess and monitor performance in order to improve my practice and patient care abilities.
- Team oriented, ability to use the knowledge and opinions of colleagues to improve and influence my decision making capacity.
- Efficient time management abilities that allow me to respond quickly in high-volume environments, such as ERs and ICUs.
- Extensive experience in anesthesiological assistance in surgery
- Excellent social and interpersonal skills for dealing with patients

### **WORKSHOPS/CME PARTICIPATED**

- Advanced airway workshop, ISACON, Puducherry, October 2019
- International summit on Emergency medicine and trauma , February 2014

### **PUBLICATIONS**

## DR. JOYES MARY JOSE

- Jose, Joyes & Cherian, Anusha & Bidkar, Prasanna & VK, Mohan. (2021). The agreement between arterial and venous lactate in patients with sepsis. International Journal of Clinical Practice. 10.1111/ijcp.14296.
- Jose JM, Padala SRAN, Rajkumar S, Prasad SK, Jha AK. Epicardial blebs and septal hematoma after ventricular septal defect closure. Asian Cardiovasc Thorac Ann. 2020 Jul;28(6):336-338. doi: 10.1177/0218492320935248. Epub 2020 Jun 15. PMID: 32539424.

### **AREAS OF INTEREST**

- Obstetric anesthesia
- Regional anaesthesia
- Obstetric emergency management

### **EXTRA CURRICULAR ACTIVITIES**

- Played badminton at college level
- Sports secretary-Jipmer Students Association 2014
- Reading, creative writing

### **LANGUAGES**

- Fluent in English, Malayalam and Tamil