

# CURRICULAM VITAE



## ALEENA THOMAS

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### Career Objective

Seeking opportunity in the well – reputed organization to further enhance and utilize my skills and talent, and thereby help the society by rendering nursing care with professional standards.

### Educational Qualifications

Qualification	Name of School/ College	Year of Qualification	University/Board
SSLC	G O H School Edathanattukara	March 2015	Board of Public Examinations, Kerala
Higher Secondary School	G O H S School Edathanattukara	March 2017	Board of Higher Secondary Education, Kerala
B. Sc Nursing	Nehru College of Nursing, Panayur, Ottappalam.	July 2022	Kerala University of Health Science, Thrissur

### Personal Details

**Name** : ALEENA THOMAS  
**Date of Birth** : 02-01-2000  
**Age** : 22 yrs  
**Sex** : Female  
**Marital status** : Single  
**Nationality** : Indian  
**Religion** : Christian, RC  
**Languages Known** : English, Malayalam, Hindi&Tamil  
**Permanent address** : Kanjirathumkunel (H)  
Uppukulam (P.O),  
Palakkad D ist., Kerala, 678 601

## **Work Experience**

*I assisted in the treatment and taking care of the following cases:*

- Respiratory system disorder : Pulmonary Tuberculosis, Adult respiratory distress syndrome, Pleural effusion
- Endocrine disorders : Diabetic mellitus , Hypo and Hyper Thyroidism.
- Cardio vascular disorders: Myocardial infarction, Angina, Cardiac arrhythmias And Hypertension, CCF, Left ventricular failure, Rheumatic heart disease, pericarditis and Endocarditis. Etc
- Neurological disorders: Mid cerebellar Artery infract, Alzheimer's disease,• Migraines, Epilepsy

### **ADVANCED MEDICAL SURGICAL NURSING**

Lakshmi Hospital Palakkad

Amala Medical College Thrissur.

Govt. Taluk Hospital Ottapalam.

### **CHILD HEALTH NURSING**

P K Das Hospital, Vaniyamkualam, Ottapalam.

Govt. Taluk Hospital Ottapalam

### **OBSTETRICS AND GYNECOLOGY**

P K Das Hospital, Vaniyamkualam, Ottapalam.

Govt. Taluk Hospital Ottapalam.

### **COMMUNITY HEALTH NURSING**

PHC , Vaniyamkulam

CHC, Ambalappara

UHC, Arani

## **Computer Knowledge**

Basic Computer Application, M S Office & Internet.

## **Additional Activities**

Research activity : Effect of self instructional module on knowledge of side effect on Cardiac Drugs and its management among people with Cardiac Disease.

### **Extra-Curricular activities**

- Actively participated in cultural activities and Entertainment programmes.
- Reading to keep knowledge updated.
- Making good interpersonal relationship.

### **Hobbies**

- Reading books
- Listening to music
- Writing
- Dancing
- Drawing
- Painting
- Product making

### **Roles and responsibilities**

- Administration of medicines, fluids, electrolytes and blood products.
- Interact and communicate effectively and professionally with patients, families, physicians and other members of health care team.
- Monitor and evaluate nursing care plan.
- Preparing patients for surgical procedures.
- Assessment of vital signs.
- Health education.

### **Declaration**

I, Aleena Thomas, hereby state that the above mentioned information is true to the best of my knowledge. I submit my CV for your kind observation and favorable order. Hope my skills fulfill your requirements. I humbly request your good selves to give me an opportunity to work in your esteemed institution.

Place:Uppukulam  
07/11/2022

Your's Faithfully,  
ALEENA THOMAS

Date: