



ARSHA SUKUMARAN

REGISTERED MSC NURSE(RN)

Resume Objective

Nurse RN with 6+ years of experience providing quality care to wide variety of patients. Possess a Master's qualification in Nursing, and currently focused on earning a Doctorate degree in this field. Aiming to leverage my experience and knowledge to effectively fill the nursing position at your hospital.

Experience

Current Employer :



December 2020 - Present

ROYAL HOSPITAL FOR WOMEN & CHILDREN

Job Title : - REGISTERED NURSE

Department :- EMERGENCY

Previous Experience

November 2018 – November 2020

Registered Nurse • Urgent care Medical Center, Isa town, Bahrain

Key Responsibilities:

- Provided care for patients, managing acute to chronic health issues, and assessing and evaluating individual patient requirements.
- Providing healthcare services at home settings upon patients requests.
- Initiate and provide intravenous therapy, perform blood transfusions, and draw blood for lab processing
- Assisting the dentist.
- Assisting the doctors in the minor OT.
- Inventory management.
- Handling insurance documents and submission.
- Facilitated admissions and transfers, chart/care plan note preparation and other documentation, and interdisciplinary team participation.
- Provided basic patient care and treatments, such as dressed wounds, treated bedsores, gave enemas, and performed catheterizations.
- Conducted educational lectures for the faculty.
- Preceptor to new staff and new nursing graduates.
- Participates as a team member by performing additional assignments not directly related to the job description when workload requires.
- Performed ECG.

ACLS & BLS Provider

NHRA LICENCE NO : 11318003

CPR NO : 891335692

Kerala Nursing Council No: 24481

Karnataka Nursing Council No: 008467



Riffa



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PASSPORT DETAILS

Passport No : R6357624

Place of Issue : COCHIN

Date of Issue : 23/11/2017

Date of Expiry : 22/11/2027

PERSONAL PROFILE

Date of Birth : 23/01/1989

Gender : Female

Nationality : Indian

Marital Status : Married



October 2016–January 2018

Registered Nurse • Casualty and Medical & Surgical Ward, Poochakkal Medical Center, Alappuzha, India

Key Responsibilities:

- Administration of medication and injections to patients.
- Managed RTA cases.
- Initiate and provide intravenous therapy, perform blood transfusions, and draw blood for lab processing.
- Assisting the doctors in the minor OT.
- Facilitated admissions and transfers, chart/care plan note preparation and other documentation, and interdisciplinary team participation.
- Prioritized workload and ensured patients were cared for appropriately.
- Treated every patient with dignity and ensured 100% confidentiality with patient information.
- Provided patients and relatives with psychological support.
- Performed ECG.
- Performed CPR in emergency situations.
- Reacted effectively in emergency scenarios, demonstrating sound decision-making that helped save patients' lives.
- Inserted NG tube.
- Provided basic patient care and treatments, such as dressed wounds, treated bedsores, gave enemas, and performed catheterizations.

June 2015–August 2016

Registered Nurse • Medical & Surgical Ward, Christian Medical Center, Idukki, India

Key Responsibilities:

- Initiate and provide intravenous therapy, perform blood transfusions, and draw blood for lab processing.
- Provided basic patient care and treatments, such as dressed wounds, treated bedsores, gave enemas, and performed catheterizations.
- Provided routine treatment and post-surgical care.





October 2010–March 2012

Registered Nurse • Christian Medical Center, Idukki, India

Key Responsibilities:

- Administration of medication and injections to patients.
- Provided basic patient care and treatments, such as dressed wounds, treated bedsores, gave enemas, and performed catheterizations.
- Initiate and provide intravenous therapy, perform blood transfusions, and draw blood for lab processing.
- Inserted NG tube.

Education

Aruna College of Nursing, Karnataka, India

- MSc Nursing in Psychiatry from Rajiv Gandhi University of Health Science in May 2015

Ashwini Institute of Nursing, Karnataka, India

- BSc Nursing from Rajiv Gandhi University of Health Science in August 2010

Sree Narayana Higher Secondary School Sreekandeswaram, Poochakkal, India

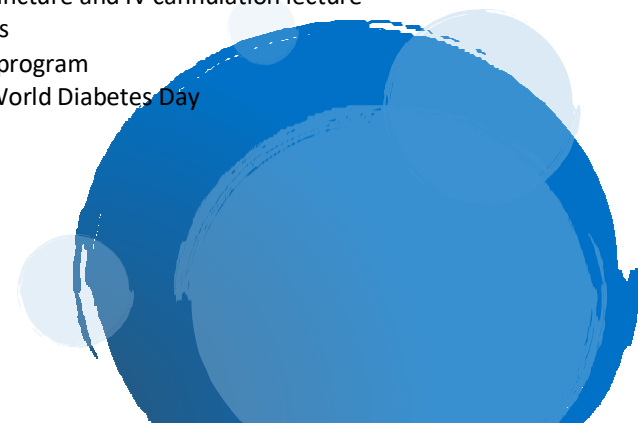
- Higher Secondary certificate in Science in March 2006

Sree Narayana Higher Secondary School Sreekandeswaram, Poochakkal, India

- Secondary Certificate in March 2004

Certificates

- Basic Life Support
- Advanced Cardiovascular Life Support
- Gastro-esophageal reflex disease (GERD) lecture
- Cardiac electrophysiology workshop
- IV cannulation course
- Infection control in venipuncture and IV cannulation lecture
- Common ophthalmic cases
- Pulse polio immunization program
- Global Diabetes walk on World Diabetes Day
- Family welfare program





Licenses

- NHRA license in Bahrain, License No: 11318003
- Karnataka State Nursing Council Register no: 008467
- Kerala Nurses and Midwives Council Register No: 24481

Skills

Personal Skills

- Dedication in work
- Able to work under stress effectively
- Effective time management
- Team worker

Computer Skills

- MS office & basic functioning

Language Skills

- Malayalam
- English
- Hindi
- Kannada
- Tamil

DECLARATION

I do declare that the above information one & true to the best of my knowledge. Considering the above I hereby request you to kindly give a chance to work as staff nurse in your institution I will try my level best for the betterment of your institution & hereby upgrade the standard of the noble nursing profession.

Arsha Sukumaran

