## **RESUME**

# MEENU P. R.

Vaiznariparambil House Nayarambalam P.O. Ernakulam Dist. Pin – 682 509

Mob: 7736114722

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### **CAREER OBJECTIVE**

To pursue my career in a leading and innovative organization, so as to apply the knowledge that I have obtained through education and to be a part of team that works towards the betterment of society with keeping individual values and skills intact.

### **ACADEMICS**

**2016 – MSW** under Sree Sankaracharya University of Sanskrit, Kalady

Aggregate Grade : B+

Specialization : Medical and Psychiatry

**2014 – BA Sociology**, Under University of Mahatma Gandhi

Aggregate Percentage: 65%

2011 - +2 in Humanities, Kerala Higher Secondary Board

Aggregate Percentage: 72%

2009 – S.S.L.C., HIHSS Edavanakkad, Ernakulam

Aggregate Percentage: 78%

### PROJECTS UNDERTAKEN

• Social Work Research on the topic "Influence of Advertisement on Consuming Behaviour of Youth in Cochin City".

### **WORK EXPERIENCE**

- One month worked as a Social Worker in Centre for Health Intelligence Learning and Development, Thrippunithura
- Presently working as a Outreach Worker and Field Counsellor in KSACS Santhwanam MSM Suraksha Project, Kaloor, Ernakulam

### FIELD WORK EXPERIENCE

- Completed my concurrent field work in VAYOMITRAM project and also Kerala Shasthra Sahithya Parishath.
- Completed my concurrent field work in Cultural Academy for Peace, Kacherippady, Ernakulam.
- Completed one month internship training in Kusumagiri Mental Health Centre, Kakkanad.
- Completed one month internship training in Lissie Hospital, Kaloor, Ernakulam
- Completed one month internship training in General Hospital, Ernakulam

### PARTICIPATION IN INTERNATIONAL SEMINAR

*Title* – Strategies and Reflective Practice on Professional Social Work: Updates and Essential for Health Care.

Organized by Department of Social Work, Amala Institute of Medical Sciences, Thrissur

*Title* – Multiculturalism

Organized by Department of Social Work, Sree Sankaracharya University of Sanskrit, Kalady.

#### TECHNICAL SKILLS

- Basic Computer Skills
- Internet Browsing
- Basic Accounting

### PERSONAL SKILLS

- Ability to deal with people of all kinds in a soft manner.
- Good in managing tasks.
- Presentation and good communication skills.
- Rapport Building
- Hardworking and Sincere
- Awareness Generation and Field Counselling.
- Monitoring and Supervision of all team.

# PERSONAL DETAILS

Date of Birth : 31 May 1994

Gender : Female

Father's Name : P. P. Renjan

Mother's Name : Yamuna V. R.

Religion & Caste : Hindu, Araya

Hobbies : Reading Books, Novels, Magazines, Listening to Music

Languages Known : English, Malayalam & Hindi

Marital Status : Married

# **DECLARATION**

I hereby declare that all particulars given above are true and complete to the best of my knowledge and belief.

Place: Ernakulam

Date : 20-07-2018 MEENU P. R.