



MEGHA VARGHESE

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Contact No: +918943812960

Personal Information:

Name : Megha Varghese
Age : 26
Date of Birth : 15 June 1996
Gender : Female
Nationality : Indian
Marital Status : Single
Languages known : English, Tamil
Malayalam, Hindi
& Arabic

Permanent Address :

Kulangara House
Mattor P.O
Kalady
Ernakulam Dst- 683574

CAREER OBJECTIVE:

Intent to build career with a leading hi-tech environment and dedicated group, which will help me to explore myself and realize my potential. I desire to seek myself in a location where I can see the most advanced technology, which always lends a hand the human life.

EDUCATIONAL QUALIFICATIONS:

GRADUATION

Nurse : GNM
Institute : Sidhi Sadan Lourdes College, Kochi
(Kerala)
Board :
Grade : First Class
Graduation Date: 2014 – 2018

WORK EXPERIENCE

- Staff Nurse - **SURGICAL ICU – WARD EXPERIENCE**
Lourdes Hospital, Kochi, (Kerala) - July 2018 – Nov 2020
- Staff Nurse – **MEDICAL AND SURGICAL UNIT, RIYADH**
CRE Hospital KSA.

DUTIES & RESPONSIBILITIES:

- Asses, plan, implements and evaluate nursing, care.
- Participate in the teaching program and teaching juniorstaffs in the unit.
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- Providing psychological supports to allay patients fears in a kind, reassuring confident manner.
- Arranging for emergency and elective procedures
- Preparation of patients for all procedure
- Assisting in procedures like central & arterial line insertion intubation & estimation initiation of dialysis.
- To assist the physician for insertion of central line & pickline insertion
- Monitoring Vital Signs arterial blood gases and cardiacpacing.
- Collection of specimens.
- Medication: ORAL, IM, IV, SC, 10 and topical administration.
- Caring of central line & pick line.
- Following strict aseptic techniques.
- Careful attention to sterilization of Instruments.
- Maintaining of records and reports.
- Diet planning & serving diet.
- Disinfection and sterilization of the unit.
- Carryout the discharge procedure. follow-up & health education.
- Care of unconscious patient.

AREAS OF EXPERTISE

- Cardio pulmonary resuscitation.
- Giving Defibrillatory shock
- CVP Monitoring.
- Physiotherapy and postural drainage.
- Airway management.
- Nursing Process based care.
- Code blue management.
- I V therapy

EQUIPMENTS FAMILIAR WITH

- Multi parameter
- Syringe pump & Infusion pump
- ECG Machine
- Mechanical Ventilator
- Defibrillator
- Pulse Oxy meter Code blue management
- Nebulizer
- B.P & Thermometer
- Oxygen Cylinder
- Suction Apparatus
- Laryngoscope
- Glucometer
- Console
- External Pacemaker

DECLARATION

I hereby submit this information for your kind consideration and for favorable orders. I assure, if I am selected, I will discharge my duties to the entire satisfaction of my superiors. I declare that the information furnished above is true to the best of my knowledge.

Place : Ernakulam

Date :

MEGHA VARGHESE