



Hruthu Sreekumar

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Location: Star homes, 8/c1, Tripunitura, Ernakulam, Kerala, Pincode: 682301

I'm a dedicated and reliable physiotherapist who is passionate to help people of all ages. I possess sufficient knowledge of the core subjects like anatomy, biomechanics, exercise therapy and electrotherapy. I always tried to keep patients motivated to achieve their treatment goals with my communication skills, patience and understanding nature. I kept interacting with other department staffs to bring out the best in my patients. Now im looking forward to expand my knowledge in various fields of physiotherapy and i enjoy working individually as well as in a team.

Educational Background

Year	Examination	Institute	University	Score
2017-2022	Graduation (Bachelor of Physiotherapy (Physiotherapy))	National Institute for Empowerment of Persons with Multiple Disabilities , Chennai, TN	The Tamil Nadu Dr. M. G. R. Medical University	68 %
2016	Class XII (XII Specialization (Bio-maths))	Govt. HSS for Girls, Ernakulam, Kochi, Kerala	Board of Higher Secondary Examination, Govt of Kerala	94.5 %
2014	Class X (General)	St. Joseph's CGHSS Tripunithura, Ernakulam, Kochi, Kerala	Board of public examination, Kerala	8A+ and 2A Division

Internships

6 Months

Intern , 1.NIEPMD, 2.Sree balaji medical college and hospital, 3.Chengalpattu Government Hospital , Chennai, TN

Collaborated with 11+ staffs to take detailed assessment, diagnose and make tailor made treatment plan for patients with various neurological conditions.

Treated neonatal, pediatrics, adult and geriatric patients under the supervision of senior physiotherapist .

Periodically followed up patients progress and maintained patients records.

Referred patients and personally interacted to occupation therapist, prosthetist , orthotist audiologist, speech therapist, psychologist, special educators and DAIL to provide hoslitic treatment.

Taught essential home care plan to patients .

Actively participated in creating awareness among common people about covid 19 and other prevalent diseases.

Certificates

Workshop on Contemporary Manual Therapy Techniques and Chiropractic Adjustment of Spine (Crescent Physiotherapy Clinic, Chennai) - 2022

Introduction to Sports Physiotherapy Course (Rajasthan Royals, Indian Cricket Team) - 2022

Certificate of Participation (Conference) (The Indian Association of Physiotherapist) - 2020

Early Intervention For Special Children (The Tamil Nadu Dr. M.G.R.Medical University, Channai) - 2019

Academic Projects

- Effects of McKenzie's exercise in pain management and quality of life for patients with mechanical low back pain

Soft Skills

Verbal
communication

Time
management

Team
management

Interpersonal

Attention to
detail

Analytical
Thinking

Spoken Languages

Tamil

Hindi

English

Malayalam