

SHILPA JOSE

PERSONAL PROFILE

An internationally qualified and experienced, dedicated Medical Social Worker, with more than 3.8 continuous years of experience in the health care industry. Skilled in psycho-social assessment, delivering counseling services, providing health education and rendering community outreach services. Rich experience in dealing with both individual and families. Active listening, documentation, inter - personal communication and coordination are highlighted skills and aspiring for self - improvement in the professional realm.

AREAS OF EXPERTISE

- Supportive counseling
- Grief counseling
- Psycho-social assessment
- Health Education
- Case management
- Coordination

OTHER SKILLS

- Detail oriented
- Communication skill
- Active listening
- Excellent problem solver
- Excellent team player
- Documentation

GET IN TOUCH

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WORK EXPERIENCE

Medical Social Worker – Department of Oncology

Rajagiri Hospital, Cochin, India | June 2022 – Present

- To conduct psychosocial assessments to patients and their families related to illness adjustment and coping mechanisms.
- Provide relative information and referral services to patients, caretakers and families related to community resources and state agencies.
- Bone marrow transplant coordination
- Comprehensive patient and family counselling
- Discharge planning
- Post treatment follow-up and social rehabilitation
- Coordinate the training sessions of the multidisciplinary team
- Supervise the social work interns/trainee

Medical Social Worker – Department of Neurology

Rajagiri Hospital, Cochin, India | November 2018 – May 2022 (3 years and 7 months)

- Conduct psycho-social assessment of patients admitted under the department of Neurology and Paediatric neurology.
- Offer counselling services(Supportive/ Grief)
- Facilitate the financial resource mobilization.
- Supervision of the trainees in the department.
- Key member in the Code 7 (Emergency Code for Stroke) team.
- Channelizing patients towards various government and non-government programmes
- Coordination of academic programmes

INTEREST AREAS

- Health Social Work
- Mental Health
- Geriatrics
- Child and adolescent - psychology
- Family

EDUCATIONAL QUALIFICATION

Master of Social Work (MSW)

Rajagiri College of Social Sciences, Kalamassery
2016-2018

Specialization : Medical and Psychiatric Social Work

Research Project : 'Psychosocial wellbeing of students in Model Residential Schools with special reference to Keezhmadu'

Bachelors in English Language and Literature

St. Xavier's College for Women, Aluva, India
2013-2016

SNDP HSS, Aluva, Kerala, India

Year12 - Equivalent to A level English, Mathematics and Computer Science, 2013

Nirmala Higher Secondary School, Aluva, Kerala, India

Year 10 - Equivalent to GCSE, 2011

FIELD WORK EXPOSURES

- Conducted PRA at Eloor Municipality, for the CSR project of HINDALCO
- Provided Psycho education for Inpatients and families at General Hospital, Ernakulam
- Performed data collection on the Street Vendors Survey in Kalamassery Municipality, for the National Urban Livelihood Mission
- Organised SWAP Shop for the Kalamassery Municipality, as a part of the Haritha Kerala Mission, Govt. Of Kerala
- Successfully completed case work and group work with effective interventions in HMT Educational Society, Kalamassery
- Successfully delivered sessions on 'Substance Abuse' for the students at HMT Educational Society, Kalamassery
- Conducted PRA at Perumbavoor Municipality
- Participated in the Rural Sensitization Camp at Calvary Mount, Idukki, conducted under the National Service Scheme
- Organised a team activity for the 'Car Free Day' programmes, at Panampilly Nagar
- Collected Data for the Suchitwa Mission Survey on 'Clean Perumbavoor Project'
- Visited police stations of the district and reviewed the complaints registered under POCSO Act and JJ Act
- Successfully delivered several sessions on Child rights, Child Protection, POCSO & JJ Act for children and parents in Kalady

INTERNSHIPS

- Rajagiri Hospital, Kerala, India
- Schizophrenia Research Foundation (SCARF, Chennai)
- Psychiatric & De-addiction Unit, General Hospital, Ernakulam, Kerala

ACCOMPLISHMENTS

- Certified for Basic Stroke Emergency Support (BSES) certification by the Society of Vascular and Interventional Neurology (SVIN), Washington.
- Qualified for Assistant Professor, under the National Eligibility Test 2018 & 2019
- Qualified APTIS by British Council
- SDE (Skill Development Executive) at ASAP, Kerala, India
- Presented paper on 'A study on Medical Social Work practice in Kerala', for the DYUTI National Conference, 2017
- Presented paper on 'Determinants of Healthy Ageing', for the DYUTI International Conference, 2017
- Writer for School and College Magazines
- Winner of literary competitions at School and College Level

PERSONAL INFORMATION

Gender : Female
Age : 27
DOB : 08/12/1995
Nationality : Indian
Marital status : Married

REFERENCES

1. Dr. Anish K R
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2. Mr. P O George
Coordinator
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Rajagiri Hospital, Kerala, India
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3. Dr. Sanju Cyriac
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DECLARATION

I hereby declare that, all the information mentioned above is true to the best of my knowledge.

SHILPA JOSE

Date : 12.10.2022