



JESNA JACOB

PHYSIOTHERAPIST

OBJECTIVE

TO OBTAIN POSITION AS A PHYSIOTHERAPIST IN A CHALLENGING ENVIRONMENT WHICH WILL MAKE FULL USE OF MY ABILITIES, HELPS IN DEVELOPING PERSONAL SKILLS ALONG WITH SINCERE CONTRIBUTION TO THE ORGANIZATIONS GROWTH AND GOALS.

EDUCATION

. GRADUATION: BACHELOR OF PHYSIOTHERAPY, (2017-2022)

SHREE DEVI COLLEGE OF PHYSIOTHERAPY MANGALORE, KARNATAKA.
(AFFILIATED TO RAJIV GANDHI UNIVERSITY OF HEALTH AND SCIENCES, BANGALORE)

. HIGHER SECONDARY EDUCATION (2017)

NATIONAL INSTITUTE OF OPEN SCHOOLING

. SECONDARY SCHOOL EDUCATION (2014)

OEM PUBLIC SCHOOL, ERAVIPARROR

WORK EXPERIENCE

AFTER COMPLETING BACHELORS I HAVE DONE INTERSHIP WHICH WAS FOR A DURATION OF 6 MONTHS, WHICH INCLUDED TRAINING JUNIORS WITH HANDLING PATIENTS, EFFICIENT AND INTENSIVE TREATMENT FOR PATIENTS WHICH INCLUDES WORK AT WOMEN HEALTH AND AT FOLLOWING WORK PLACES:

- . OLDAGE LITTLE SISTER OF POOR, MANGALORE
- . ATHENA HOSPITAL AND KIDNEY FOUNDATION

ABOUT INFO

FEMALE

05/09/1997

PADIKALEMANNIL EBENEZER

VARAYANOOR, PULLAD

KERALA

PINCODE: 689548

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LANGUAGES

ENGLISH

MALAYALAM

KANNADA

SKILLS

ABLE TO WORK HARMONIOUSLY WITH THE MEMBERS OF THE TEAM.
GOOD COMMUNICATION SKILLS.
PROFESSIONAL MANNERISM.

. GOVERNMENT WENLOCK DISTRICT HOSPITAL, MANGALORE

DEPARTMENTS COVERED:
OUTPATIENT DEPARTMENT
ORTHOPAEDICS AND TRAUMATOLOGY
GENERAL MEDICINE
NEUROLOGY AND NEUROSURGERY
INTENSIVE CARE UNIT
BURNS WARD

. LADY GOSCHEN GOVERNMENT HOSPITAL, MANGALORE

. SAI PHYSIOTHERAPY CLINIC, MANGALORE
. SHREE DEVI COLLEGE OF PHYSIOTHERAPY, OPD

PHYSIOTHERAPY SKILLS

STROKE PATIENTS REHABILITATION.
PRE AND POST OPERATIVE PHYSIOTHERAPY
KNEE JOINT REPLACEMENT.
PRE AND POST NATAL CARE
MAINTAIN AND IMPROVE ROM AND STRENGTH.
HOME CARE PHYSIOTHERAPY.
BRONCHIAL HYGIENE AND CHEST PT
MOBILISATION TECHNIQUES
NEUROREHABILITATION
MUSCULOSKELETAL DISORDERS

CONFERENCES AND WORKSHOPS

MANGALORE PHYSIOCON 2018
57th ANNUAL CONFERENCE: INDIAN ASSOCIATION OF PHYSIOTHERAPY,
BANGALORE, 2019
CONFLUENCE, NATIONAL PHYSIOTHERAPY CONFERENCE, 2019.
MANGALORE PHYSIOCON 2022.
INTERNATIONAL PHYSIOTHERAPY CONFERENCE
THEME: NORMALISING LIFE POST COVID-19.

DECLARATION

I HEREBY DECLARE THAT ALL THE INFORMATION GIVEN ABOVE IS TRUE AND
CORRECT WITH THE BEST OF MY KNOWLEDGE.