

Manu Pillai

Health Safety & Environment Professional



Cover Letter

LinkedIn Profile: <https://www.linkedin.com/in/manu-sailor> | +91-9947045741 | manu.hse58@gmail.com



I would like to enquire about positions available within your organization and provide you with my details for your records.

I have 10 years of experience which includes oil & gas, Power water plant, Ammonia Project, Shutdown & turnarounds, dry Dock and offshore . All experience is associated with safety, health, environmental. Received positive recognition from employers and clients. Projects assigned achieved superior HSE performance. I have always enjoyed the challenge of being able to identify faults and work to resolve them. I

I am certain that I can be an asset in any position requiring hard work, enthusiasm and reliability. I look forward to hearing from you shortly.

Thank you for taking the time to review my cover letter and resume, and I look forward to learning more about Folio Production's goals and how I can help achieve them. Please let me know if you are available to discuss my qualifications and any potential job opportunities.

Thank you for your time and consideration.

Sincerely,



Manu

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My Portfolio

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ABOUT MY OBJECTIVES

Seeking a result-oriented company having a globally competitive environment that is looking for an ambitious and career conscious person, where a blend of my acquire skills and educations will be utilized a challenging assignment in an atmosphere, using innovative technology, ideas, strength, punctuality that shell out a steady paced professional growth to the organization.



ABOUT ME

Myself Manu , I'm 33 year old. I was born and brought up at Goa. I am an energetic, ambitious person who has developed a mature and responsible approach to any task that I undertake, or situation that I am presented with. I have completed my mechanical engineering, Diploma in industrial safety engineering , IIT& Diploma in environmental safety. In additional to that I hold relevant professional qualification that makes me excellent in working with others to achieve a certain objective on time and with excellence. I have 11 year of experience in Health and safety professional field which includes oil & gas, constructions, power utility projects, shutdown & turnaround, dry dock and offshore onboard experience. I have the potential to manage health safety management system and have the ability to achieve the goal.

PERSONAL DETAILS

Vaccination Details

AstraZeneca

First Dose 14.07.2021

Second Dose 02.09.2021

Passport detail

Place of Issue Muscat, Oman

Passport number U0096750

Date Of Issue 15th Sep 2019

Date Of exp. 14th Sep 2029

Seaman's Book details

CDC Number MUM 179815

Date Of Issue 01st Dec 2019

Date Of Expiry 14th Sep 2029

LANGUAGE KNOWN

Hindi

Malayalam

Konkani

Tamil

English

Urdu

SKILLS

Active Listening.

Critical Thinking.

Adaptability.

Decision Making.

Interpersonal Communication

Creativity.

Public Speaking

MS office / power point knowledge

RELEVANT SKILLS

Management skills

Communication skills

Problem-solving skills

Design skills

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My Academics



Educational Qualification

- Mechanical Engineering
- Diploma In Industrial Safety Engineering, IIT
- Diploma In Environmental Safety

Seminars

- Attended Seminar at Power and Water & Fuel Facility Project Marafiq 2, Yanbu, Kingdom of Saudi Arabia on road safety Lotto Affected area
- Seminar on LOTTO /Commissioning by Shahn Engineering Awards
- Achieved Rajya Puraskar from Bharat Scouts at Bangalore
- Attended National Jamboree at Uttarakhand Received Safety Observation Report (SOR) Award From on 2nd Feb, 2014
- Received Safety Award for Confined Space Work from Hanwha E&C Project on 31st Mar, 2014 Received Certificate of Excellence from Hanwha E&C Project on 29th Jan, 2015
- Received Certificate of Appreciation from Hanwha E&C Project on 29th Sep, 2015

Professional Qualification

- NEBOSH IGC - 2017
- OSHA
- IOSH Managing Safety
- Oil Tanker Familiarization / Dangerous Cargo Endorsement (DG approved)
- Scaffolding Supervisor Training, CIST Certificate Of Leadership Mindset Training, SNC Lavalin
- STCW - 95, Maritime foundation, Chennai Helicopter rescue training certification
- AGT - Authorized gas tester for confined space (Qatar Petroleum approved), Enertech
- AGT- Authorized gas tester for confined space (TUV Oman)
- H2S / BA (Qatar Energy approved), Enertech Qatar
- Chemical Handling Awareness, Enertech Qatar Confined space entry, Enertech Qatar
- Basic First aid & CPR, Enertech Qatar / Basic Fire Fighting, Enertech Qatar

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My Experience



Professional Experience Summary

11 year of experience in managing health safety and environment. I have worked in oil & gas projects that is in Yanbu Aramco Sinopec refinery (YASREF) shutdown & turnaround, Jazan refinery Aramco projects Saudi Arabia, OQ 8 refinery project, Oman, Water plant project Oman, Ammonia Plant Oman, Qatar Petroleum Shutdown turnaround, Oman LNG shutdown turnaround, Power water shutdown work, Kochi refinery, Dry dock at Istanbul Turkey, Off shore oil tanker cargo vessel.

Experience Long Term Project

HSE OFFICER

Dec 13 To Nov 16

Sam young Saudi Contracting Pvt. Ltd

Jazan Aramco Refinery & Terminal Project EPC-12

Jazan refinery & Terminal Project, Saudi Aramco EPC-1 Electrical and instrumentation

SR.HSE SUPERVISOR

Feb 20 To Sep 21

Bahwan Engineering Company, Oman

OQ 8 Refinery Project, Technicas Reunidas

Bahwan Engineering Company, Oman (Electro-Mechanical) Process

Units - Hydro Cracking unit / Diesel hydrodesulphurization / Hydrogen production & PSA unit, pre - commissioning and commissioning activities

SR.HSE SUPERVISOR

Jan 19 to Feb 20

Bahwan Engineering Company, Oman

Salalah Ammonia Project, SNC Lavalin

Salalah Ammonia Project proposes to development 1000 metric tons per day (MTPD). Cross country pipelines, excavations for overhead structure foundations / backfilling, lifting activities for erection of pipe structures, scaffolding work, blasting & painting work, Asphalt work, plant & machinery operations, RT works ,Hot work, Hydrotest, Underground utilities

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My Long term Exp

SR.HSE SUPERVISOR

Sep 17 To Dec 18

Bahwan Engineering Company,

Sohar Refinery Improvement Project (SRIP), Oman

Contractual Scope - Civil - Civil Concreting ,Fire Proofing

Contractual Scope - Mechanical - Steel Structure , Piping Works, Equipment Support Fab & Erec ,Insulation

,Painting ,Equipment Internals ,Catalyst

Contractual Scope - Electrical, Cabling and Terminations, Transformers, Switch Gears, EDG, UPS Systems, NER, LCS, Fixtures and Conduits

Contractual Scope - Instrumentation- Cabling

DOCUMENT CONTROLLER (HSE)

Nov 16 To Sep 17

PVM Marine Engineering company

Cochin shipyard ltd-service lines & building yard project, India

Fabrication, installation and pressure testing of internal and external drain, aviation stripping system, aviation fuel transfer line, sea water cooling line, heating & trimming line, fresh water system, salvage system, fire and bilge system for Indigenous Aircraft Carrier. Hull fabrication and erection for Indigenous Aircraft Carrier, Platform Supply Vessel, Fast Patrol Vessel, Technology Demonstration Vessel

HSE OFFICER

May 12 To May 15

PVM Marine Engineering company

Kochi Refinery PVT (KFI) project, India

Kochi Refinery LIMITED (KRL) Fabrication of pipe rack, pipe handling frames and other supporting structures zone A. Fabrication of pipe rack, pipe handling frames and other supporting structures zone A.

FIREMAN ONBOARD (MERCHANT NAVY)

Jan 11 To May 12

Platinum Shipping Management, Turkey / Aries Ship Management (FEZCO),UAE

Vessel carrying dangerous cargos, general cargo

Completed 8 months of dry dock at Istanbul

Grit Blasting / painting Insulation in engine room Cleaning of fuel tanks Overhauling of ship engines Welding

Underwater welding works Maintenance of steering gear rooms Assembling / alignment of rudder Propellers cleaning, Anchor winch maintenance / chain cleaning

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My Shutdown Exp

Experience Shutdown turnaround Project

HSE Advisor

Aug 22 To Oct 22

Bahwan Engineering company, OMAN

OLNG SUR ,Oman Shut down / Turnaround

- spading / DE spading
- Overhauling of valves / Replacements RV platforms
- Furnace external works / internal sandblasting painting
- RT works
- Main cryogenic heat exchanger tube replacement and valve overhauling
- pipe replacement / sandblasting
- NRV replacement
- Logistic facility management

HSE Advisor

Jan 22 To Mar 22

Contract Resource, Qatar

Qatar Petroleum / Energy Shut down

- Catalyst work - RFCC (Residue fluid catalytic cracking) reactor and regenerator internal works. Catalyst removing & loading.
- BA (inert entry) catalyst unloading& loading. Hydro jetting- Heat exchanger shell & tube bundle cleaning,
- Fin fan cooler (ACHE internal tube surface cleaning),
- ACHE external tube surface cleaning(mechanized hydro jetting)
- Coke removal- Reactor coke removal from chambers & vapor line coke removal by vacuuming and manually.
- Hydro milling

HSE OFFICER

Jan 13 To Mar 13

Hanwha E&C, Saudi Arabia

Marafiq, Power Water Project, Yanbu

Boiler 1

- soot blower alignment and clearance of movement
- Burner cleaning
- servicing of feedback water systems

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My Shutdown Exp

HSE OFFICER

May 13 To Aug 13

Hanwha E&C, Saudi Arabia

Marafiq, Power Water Project, Yanbu

Boiler 2

- decommission of GTG (Gas Turbine generator) Removal of compressor
- Removal of combustor Dismantling of power turbines

HSE OFFICER

Sep 13 To Dec 13

New Horizon Contracting & Maintenance Company Yanbu Aramco Sinopec Refinery (Yasref), Saudi

- Condenser heat exchanger retubing
- Revamping of heat exchanger
- Tank cleaning

DRILLS

- Confined space rescue drills
- Abandon ship mock drill onboard
- Co2 flooding emergency evacuation Fire emergency drill
- Bunkering/ DE bunkering emergency drill Watchkeeping on deck
- Blackout training
- Pollution prevention appliances training
- ship fire drill
- Man overboard rescue drill
- Onboard Pirates Hijack prevention drill
- engine room fire drill
- Oil spill drill
- confined space reactor rescue drill
- heat stress mock drill
- Pipe rack medical emergency mock drill
- H2S release mock drill
- Refinery emergency evacuation mock drill

PROJECTS

- OLNG Sur, Oman
- OQ 8 Refinery, Duqm Oman - Tecnicas Reunidas Daewoo (TRD)
- Jazan Refinery & Terminal Project - Saudi Aramco - Saudi Arabia
- Sohar Independent Refinery Project - ORPIC - Oman
- Kochi Refinery , India
- Qatar Petroleum (QP)
- Salalah Ammonia Project - Oman
- Yanbu Armco Sinopec Refinery (YASREF) - Saudi Arabia
- Marafiq Power water project, Yanbu - Saudi Arabia
- Cochin Shipyard - India