



PROFILE

A professional Social Worker specialized in medical and psychiatry having a strong passion towards the profession with good leadership and communication skill looking for a challenging position in the field of Psychiatric Social Work to implement the skills learned for practice and earn experience working with a multidisciplinary team.

CONTACT

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ADDRESS

Chilampikunnel House,
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Kottayam,Kerala
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PERSONAL DETAILS

Nationality: India
Age: 23
Date of Birth: 06/05/1998
Gender: Female
Languages Known: English, Malayalam,
Hindi

MARIYA ZACHARIA

WORK EXPERIENCE & INTERNSHIPS

- **Social Worker: Centre for Harmonious Living Redefining Mental Health Care (CHL Hospital), Palakkad, Kerala - October 2021 to Present**

Responsibilities:

- Work-ups Case
- Counselling the patients
- Assisting doctors and clinical psychologists for the therapeutic interventions
- Activities for patients for their betterment
- Follow-ups
- Developing individualized care plan for patients
- Reviewing patients and their family
- Arranging services from referral agencies
- Documentation according to Mental Health Care Act

- **Social Work Intern: Caritas Hospital (NABH accredited) Kottayam, Kerala - June 2021**

Responsibilities:

- Assessing social condition of patients and their families
- Conducting community programmes
- Tele-Counselling
- Patient Counselling and education

- **Social Work Intern: Louis Mount Hospital (Psychiatry) Wayanad, Kerala - April 2021**

Responsibilities:

- Training to deal with Psychiatric, Neurotic and Substance Use Disorder patients
- Work-ups Case
- Conducting Community programme
- Making Project Proposals

PERSONAL SKILLS

- Co-ordination skills
- Leadership qualities
- Social service activities
- Case assessment
- Case Planning

POSITIONS HELD

- Team member of IV Kerala Social Work Congress and National Conference 2019
- Team leader of Mini-research: Perception of youth in Kerala on Moral Policing

➤ **Social Work Intern: Mundakkayam Grama Panchayath Kottayam, Kerala - August 2020 – September 2020**

Responsibilities:

- Conducting Community Programme
- Making Project Proposals
- Assisting community people and addressing their needs

➤ **Social Work Intern: Vijayapuram Social Service Society Kottayam December 2019- March 2020**

Responsibilities:

- Implementation of Disaster Risk Reduction Project
- Community Survey and applying PRA Tools
- Organizing Disaster Management Training for Volunteers
- Duties of WE SHARE: family welfare programme and ASHAKIRANAM: cancer awareness and prevention programme

EDUCATION

- **MASTER OF SOCIAL WORK** (70%-2019-2021) from Marian College Kuttikkanam under M.G. University, Kerala
- **Bachelor of SCIENCE** (76.7%) in **CHEMISTRY** (2016-2019) from ST. Dominic's College Kanjirapally under M.G. University, Kerala
- **XII** with 71% from Kerala Board of Higher Secondary Education (2016).
- **X** with 86% from Board of Public Examinations Kerala (2014).

CERTIFICATIONS

- **Positive Psychology**- Certified for successfully completing the online course in Positive Psychology by University of North Carolina through Coursera

ACADEMIC RESEARCH

- Research study on self-care of psycho-social school counsellors during the COVID-19 pandemic
- Mini-research on Perception of youth in Kerala on Moral Policing

ACHIEVEMENTS

- Student membership in Kerala Association of Professional Social Workers (KAPS)
- Second position in paper presentation held by Department of Social Work, Little Flower Institute
- of Social Sciences and Health, Kozhikode
- Third position in COVID-19 awareness quiz organized by Alphonsa College Thiruvambady, Kozhikode