

# NEENA CHITHRA KAILAS

Sarass (H) Pattoor (P.O) Padanilam Pin – 690529 Alappuzha (Dist)

Kerala, India.

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## Summary

An excellent research assistant helps social scientists in social research; has performed to prepare monograph. Experienced community facilitation professional with strong leadership and relationship building skills. Motivated and dedicated to helping and building professional relationship among individuals with mental and developmental disabilities, providing awareness program for disadvantaged youth, women and children.

## Highlights

- Community Outreach expert
- Program management
- Exceptional skills in cultivating productive relationships with community
- Problem Solving
- Adaptability
- Outstanding oral and written communication abilities
- Active Listening
- Organization
- Critical Thinking
- Tolerance
- Setting Boundaries
- Empathy
- Communication

## Work Experience

### Project Intern

**Integrated Rural Technology Centre (IRTC)**

**Mundur, Palakkad, Kerala, Pin: 678592**

**August 2017– December 2017**

- Has been engaged in the task of preparing monograph on waste management based on the three decades experience of IRTC
- Provided expertise to management in enhancing interactions with the scientific community and other third party scientific bodies.

### Community Women facilitator

**Bharanikkavu Gramapanchayath**

**Pallickal, Alappuzha, Kerala, Pin: 690503**

**December 2018- January 2022**

- Supported adolescents in exploring feelings of anger, frustration, loss anxiety, and depression
- Provided guidance to runaway youth, parents and their families dealing with issues of running away, drug abuse, suicide and gender identity
- Experience in working with KILA on issues related to Disaster management and gender equality.
- Provided general direction supervision to Anganwadi workers engaged in adolescent program activities

- Created plans and programs which ensure equal status for women and children in the society through “Jagratha Samithi”
- Received complaints regarding women and girls are party and provide solutions to their problems at the earliest.
- Provided guidance and support for the initiatives of local self-governments which are aimed towards women empowerment.
- Created initiatives to conduct awareness programs among teenage boys and girls and youth in general focusing different clubs and other existing mechanisms. Provided help to local governments for such activities.
- Took initiatives to stop all kinds of violence against women and children and bring such activities to the society’s attention.
- Helps the local self-governments to organize activities to bring about change in the attitude of society towards women and gender roles.

### Education

Sl.	Qualification	Institution	Year	Board/ University	Result
1	M S W	DiST, Angamaly	2015-2017	MG university	72%
2	BSW	MMNSS College, Konni	2012-2015	MG university	66%
3	Diploma In Health Inspector Course (DHI)	PHTS, Trivandrum	2009-2011	Directorate of Health Services Paramedical Council	80%
4	Higher Secondary	Padanilam HSS	2009	Board Of Higher Secondary Examination Kerala	67%
5	SSLC	Padanilam HSS	2006	General Education Department	75%

### References:

Dr.K.Rajesh  
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Integrated Rural Technology Centre (IRTC)  
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### Declaration:

I do hereby declare that the above furnished information is true to the best of my knowledge and belief.