




# Jisa Anna Mathai


Registered Staff Nurse

Committed and motivated Registered Nurse seeking a Registered Staff Nurse position working at Hospital. Providing my ability to handle high-stress, fast-paced situations and effective problem-solving skills.

## CONTACT

 Cherukunnikattil House,  
Perumpilly PO  
Mulanthuruthy, Ernakulam  
Kerala

 9108697881

 jisa.anna1991@gmail.com

 Indian

 20/07/1991

 Mathai C C

 Married

## SKILLS

Ability to work in a fast-paced environment.

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Ability to work under pressure

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Strong written and verbal communication skills

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## LANGUAGES

English

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Hindi

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Malayalam

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## STRENGTHS

Communication  
Team Work  
Self learner  
Clinical Skills  
Bedside Manner  
Infection Control

## PROFESSIONAL EXPERIENCE

### Staff Nurse

Polaris Hospital  
20/03/2020 - 22/03/2022  
Navi Mumbai

- Restores and promotes patient's health by completing the nursing process.
- Collaborates with physicians and multidisciplinary team members.
- Provides physical and psychological support to patients, friends, and families.
- Identifies patient care requirements by establishing personal rapport with patients and their families.
- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
- Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and hospital or regulatory standards.
- Resolves patient problems and needs by utilizing multidisciplinary team strategies.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations.
- Protects patients and employees by adhering to infection-control policies and protocols; medication administration and storage procedures; and controlled substance regulations.
- Documents patient care services by charting in patient and department records.
- Maintains continuity among nursing teams by documenting and communicating actions, irregularities, and continuing needs.

### Solution Analyst- Healthcare

Tecknodreams Software Consultancy  
02/02/2017 - 23/07/2019  
Bengaluru, India

- Work closely with Hospital Administration department for data gathering
- Provide required support to the team with proposals, SOW, WBS and others
- Conduct Presales demo with Hospital clients
- Helped hospital administration department in UAT of new projects
- Liaise between customer and offshore development team

## INTERESTS

Baking  
Gardening

### Staff Nurse -ER

PD Hinduja Hospital and MRC

16/04/2014 - 19/08/2015

Mumbai

- Collaborate with doctors and emergency staff in the assessment, planning and implementation of patient treatment.
- Monitor current patients, identify issues, explore alternatives and deploy solutions.
- Document diagnosis and progress on medical records, maintain high levels of readability and accuracy.
- Perform specialized, life saving treatments such as CPR, advanced cardiac life support and neonatal resuscitations.
- Observe signs, symptoms and behaviors of patients and communicate issues to emergency room team.
- Perform specific patient tasks as assigned by Physician's written orders.
- Administer medications and physical treatments.
- Adhere to proper safety and sterilization protocols and techniques to ensure proper infection control.
- Manage logistics of mobile medical equipment such as diagnostic devices, X-ray equipment, EKG's, Scans, IV machines and monitors

## INTERNSHIPS

### Emergency Room

Hinduja Hospital

01/08/2013 - 15/01/2014

Mumbai

Nursing Internship in Emergency Room

### Quality improvement Department

VPS Lakeshore Hospital

01/04/2015 - 01/06/2015

Kochi, India

Internship with Hospital Quality Department

Did project on Turn over time in Radiology department

### Quality Parameters in NMC Hospital Abu Dhabi

Sapphire IMS

01/02/2017 - 01/05/2015

Bengaluru

Did project for NMC Hospital Abu Dhabi for management of there Incident and quality parameters.

## EDUCATION

### IIHMR

PGDHM Hospital Administration

01/08/2017 - 01/02/2019

Grade - 3.9

Bengaluru

Postgraduate Diploma in Hospital Administration with internship in Hospital

### Hinduja College of Nursing

Bsc Nursing

03/08/2009 - 31/05/2013

Grade - 69%

Mumbai

Bsc Nursing

## CERTIFICATES

### Maharashtra Nursing Registration

MNC

II - 19557, XVI - 16346

Registered Nurses under Maharashtra Nursing Council and valid upto 30/03/2027

## DECLARATION

I hearby declare that the details and information given above are complete and true to the best of my knowledge.

Place : Ernakulam

**Jisa Anna Mathai**

Date : 08/10/2022