



GRACIA P. JOSHY

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Kochi, Kerala, India, 682007

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ABOUT ME

Dedicated and highly motivated Social Worker, with proven social work skills and experience in various fields of social work.

Seeking job opportunity that will allow me to apply the skills and knowledge I gained through my professional studies.

SOFT SKILLS

- Medical Social Work skills
- Time Management
- Work ethics
- Adaptability
- Teamwork
- Communication and Listening skills
- Cultural sensitivity

TECHNICAL SKILLS

- Microsoft Office
- Canva
- Google Meet

LANGUAGE

- English
- Malayalam

INTERESTS

Technical

- Planning
- Designing
- Volunteering

Non-Technical

- Sports
- Music

EXPERIENCE

- Medical Social Work Intern at Lourdes Hospital, Ernakulam |
06-06-2022 to 29-06-2022
- Medical Social Work Intern at Renai Medicity, Ernakulam |
03-05-2022 to 31-05-2022
- Psychiatric Social Work Intern at Lourdes Hospital, Ernakulam |
16-12-2021 to 15-01-2022
- Counselling intern at Santhwana Institute of Counselling and Psychotherapy
28-11-2019 to 25-02-2020
- Fieldwork as School Counselor at Govt. H.S.S., Muppathadam, Ernakulam, Kerala |
17-09-2019 to 15-11-2019

VOLUNTEER EXPERIENCE

- Tele-Counselor, providing Psycho-social support to COVID victims under District Mental Health Programme |
30-04-2021 to 04-10-2021
- Active Member of Caring Souls, an Online Listening service |
28-04-2021 to 28-11-2021

PROJECT

- Public Space Mapping study, under the Livable Cities Alliance Project conducted by ESAF (NGO) |
04-02-2021 to 18-02-2021

CERTIFICATIONS

- **Psychological First Aid,**
Johns Hopkins University | Coursera
08-12-2019 to 08-08-2020
- **Advanced Counselling and
Psychotherapy |**
20-02-2020 to 22-02-2020

WORKSHOP

- **Participatory Rural Appraisal (PRA) |**
07-03-2022 to 12-03-2022

ACHIEVEMENTS

Co-curricular:

- Organized Webinars
- Engaged in Documentation activities for IQAC

Extra-curricular:

- Active Member in Junior Red Cross
- Active member of SWASTHI, Women Cell in College

EDUCATION

- **Master of Social Work (MSW),
Specialized in Medical and Psychiatric
Social Work**
CGPA: 4.12 Grade: A
St. Albert's College (Autonomous),
Ernakulam | 2020-2022
- **Post Graduate Diploma in Clinical Social
Work and counselling practice (PGDCSW)**
Percentage: 69%
Rajagiri College of Social Sciences
(Autonomous), Kalamassery | 2019-2020
- **B. A. Sociology**
CGPA: 8.19 Grade: A
Sacred Heart College (Autonomous),
Thevara, Kochi | 2016-2019
- **Commerce**
Percentage: 87.6%
St. Peter's H.S.S. Kumbalangi | 2014-2016
- **SSLC**
Percentage: 93%
O. L. F. H. S. Kumbalangi | 2014