

## Personal Summary

A highly motivated, confident individual with exceptional multi-tasking and organizational skills. Able to communicate effectively and sensitively with patients and careers to maximize the rehabilitation of patients and to ensure understanding of often complex clinical issues impacting on recovery. Excellent client facing skills and the ability to work closely with other health care professionals to assess a patient needs and devise suitable treatment plans for them. Ready and qualified for the next stage in a successful career and looking forward to making a significant contribution as a physiotherapist

## Academic History

2012- 2019	<b>BPT (Bachelor of Physiotherapy)</b>
Rajiv Gandhi University of Health Sciences, Bangalore	
2011	<b>Science</b>
Board of Higher Secondary Examination, Kerala	
2007	<b>SSLC</b>
Board of Kerala State Examination, Kerala	

## Professional Experience

- Worked as a Clinical Physiotherapist at Lourde Hospital, Chiravakku, Taliparamba, Kannur, Kerala from 15<sup>th</sup> September 2021 to 20<sup>th</sup> September 2022.
- Worked as a full time physiotherapist at Ayush Clinic, Atteeri, Kottakal, Malappuram from 1<sup>st</sup> May 2020 to 31<sup>st</sup> August 2021.
- Joined for compulsory six months of internship on 1<sup>st</sup> July 2019 at A.J Institute of Medical Sciences & Research Centre (NABH accredited), Mangalore.

## Research Works

- Correlation between BMI and cadence on obese & non obese college going students.
- A study compare the effect of concentric and eccentric strengthen of rotatory cup muscles in patients with rotatory cup strain.



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## Personal Data:

Date of Birth : *26 May 1991*

Sex : *Female*

Father Name : *Achankunju*

Nationality : *Indian*

Marital Status : *Single*

Languages : *English, Malayalam, Kannada& Tamil*

## Hobbies and Interests:

Travelling, Cooking & Listening Music

## Attended Conference and CME Entitled

- CME on Multidisciplinary approach in cancer rehabilitation : Organized by Laxmi Memorial College of Physiotherapy
- CME on “Preventive & Rehabilitative Measures for Sports Injuries of the Lower Extremity” : Speed ON. Organized by Laxmi Memorial college of Physiotherapy Mangalore on 28<sup>th</sup> November 2014.
- Participated in a IEDC medical camp which is organized by SSA Kasargod at BRC Kumbala.
- International Physiotherapy conference organized by South canara physiotherapy teachers association mangalore (Physiocon 2017)
- National Physiotherapy conference organized by Laxmi Memorial College of Physiotherapy Mangalore. (Confluence 2019)

## Scientific Poster Presentation

- **Presented a poster entitled “Correlation between BMI and cadance on obese & non obese college going students**

## Professional Associations

- Life line member of Indian Association of Physiotherapists.  
Reg no. L-52661

## Reference

**Dr. Sanjay Eapen Samuel (MPT, Ph.D)**  
**Professor & Principal**  
**Laxmi Memorial Collage of Physiotherapy, Mangalore**  
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