

### **Contact Me**

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### **Dietetic Skills**

Labelling/setting formula feeds

**Biochemical Parameters Assessment** 

IP/OP Diet Counselling

Menu Setting /Planning

### **Soft Skills**

Productive, multi-task oriented, adapt well to change and good work ethics.

Eagerness in grasping innovations in work.

7	Adaptability -Flexibility
	Teamwork

# MARVA KA

## DIETITIAN

Seeking the position of Dietitian in an organization that will enhance my horizon of knowledge and give me the chance to prove myself as the best candidate in the organization.

### **Education History**

#### **Bachelors in Family & Community Science**

St.Teresa's College Ernakulam

**Certificate in Food and Nutrition** Indira Gandhi National Open University, India

### **Work Experience**

Dietitian TraineeJan 2020 - May 2021Actymed Center, Thodupuzha, India

Dietitian InterneeJune 2021 -Oct 2021Renai Medicity, Cochin, India

DietitianJun 2022 - Aug 2022Indira Gandhi Hospital, Cochin, India

### **Areas of Expertise**

- Ability to prepare Individualized diet plans.
- Can Assess the quality of food arrangements and food items according to the doctor's treatment plan.
- Estimate Nutritive Value
- Enteral Nutrition Awareness
- Estimate BMI
- Physical/Biochemical Parameter Assessment
- Therapeutic disease management
- Prenatal and Postnatal care
- Ability to coordinate with staff in the line, both inside and outside the department, such as doctors, nurses, hospital nutritionists.