



FAHZEENA AP

PHYSIOTHERAPIST

CONTACT

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 Alipura(h), Kadmath Island,
Lakshadweep, India

SKILLS

- Adaptability
- Management
- Patient Education
- Active Listening

FIELD OF INTEREST

- Cardiorespiratory
- Neuro physiotherapy
- Orthopedics
- Pediatrics
- Genecology

PROFILE

Self-Motivated and Hardworking entry level Physiotherapist With a great passion of helping people and have excellent communication skills. And enjoy working with variety of people.

CAREER OBJECTIVE

Working in a challenging field which will make full use of my abilities, developing both personal and interpersonal skills, along with sincere contribution to the organization's growth and goals.

PROFESSIONAL EXPERIENCE

Aster Medcity Hospital, Kochi | Physiotherapy Intern.

March 2022 - September 2022

- As an intern evaluated and assessed patients to establish measurable goals to promote restoration of functional abilities.
- Identified and properly documented patient goals, evaluated progress and planned reevaluation.
- Compassionately assisted patients with debilitating conditions such as fractures, TBI, strokes, MS, Parkinson's Disease and RTA.
- Tested neuro-muscular, motor, cognitive and psycho-social skills.
- Provided the highest quality of care to patients and their families.

City Hospital, Mangalore | Clinical Posting.

2019 - 2021

- Clinical practice

Saanidhya Special School, Mangalore | Clinical Posting.

March 2018 - April 2018

- Clinical practice

City Hospital, Mangalore | Clinical Posting.

2017 - 2018

- Clinical observer

LANGUAGE

- English
- Hindi
- Malayalam

EDUCATION

Bachelor of physiotherapy 2016 - 2022

City collage of physiotherapy, Mangalore

Diploma in certified radiological assistant 2013- 2015

Mother Theresa post graduate and research institute of health and science, Puducherry.

Higher Secondary Education (Plus Two) 2012- 2013

Govt. Jawaharlal Nehru Senior Secondary School, Lakshadweep

Secondary School Education (10th) 2011

Govt. High School Chethlath, Lakshadweep

PROJECT

Myocardial Infraction

Done a project on Myocardial Infraction as my final year project under the guidance of Dr.Amar Prakash.

TRAINING PROGRAMS & EVENTS PARTICIPATED

- Participated in a workshop on **Dry Needling for Common Musculoskeletal conditions**, contacted by Dr. Ginin RG on 28th August 2022.
- Attainted International **physiotherapy Conference** Organized by South Canara Physiotherapy Teachers Association 2018
- Attended Scientific workshop on **importance of Pilates in back care** at the post conference of Mangalore physiocon in the year 2018.
- Attended the workshop Evidence based symposium on "**Essentials in Clinical Care**" by Dept. of Physiotherapy Father Muller Medical collage Mangalore.

DECLARATION

I hear by declare that the details furnished above are true to the best of my knowledge.

Fahzeena AP

REFERENCES

Dr. Amer Prakash

Principal, City College
of Physiotherapy
Ph: 8971455313

Dr. Nithinchandra Kini

MPT Lecturer, City College
of Physiotherapy
Ph: 9900239618