



TONY JOSE

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Kadunnakkariyil (H)
Kallara South P. O
Kottayam
Pin code: 686611
Kerala
India

Skills

Coordination
Empathy
Active listening
Critical thinking
Social skills

Languages

Malayalam
English

Objective

To secure a responsible career opportunity to fully utilise my training and skills, while making a significant contribution to the success of the organisation.

Experience

- Neendoor Grama Panchayat, Kottayam, Kerala** July - October 2019
Community Social Worker
- Kottayam Social Service Society (KSSS), Thellakom, Kottayam, Kerala, India** Jan 2020 -
Trainee Social Worker
- Prajahitha Foundation, Kozhikode, Kerala, India** Oct - Nov 2020
Trainee social worker
- DMHP, Kottayam, Kerala, India,** May - June 2021
Tele- counselor
- Vishranthi center, Department of Psychiatry and Behavioural science, Mandiram Hospital, Kottayam, Kerala, India** Sept - Oct 2021
Trainee Social Worker

Education

- K. E. College Mannanam, Kottayam, Kerala, India** 2019-2021
Master of Social Work
- M C Varghese College of Arts and Science, Ettumanoor, Kottayam, Kerala, India** 2015-2018
Bachelor of Business Administration (BBA)
- K. E School Mannanam, kottayam, Kerala, India** 2013-2015
Commerce
- St. Thomas High School, Kallara, Kottayam, Kerala, india** 2013
SSLC

Achievements & Awards

- Organized a State level cultural festival for Differently abled children "AWAKE 2020"
- Certificate in the International Webinar on "Global Trends in Mental Health" Organized by Department of Social Work Madras Christian College India in collaboration with the Commonwealth organization for Social work, Geneva from 27th to 29th July 2020.
- Certificate in Counseling and Psychotherapy
- Conducted a research on the the topic, "The effect of smartphone addiction on sleep disturbance among youth"