

RESUME

Ms. ALEENA MARIA

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Ernakulam (Dist)
Kerala-684809

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CAREER OBJECTIVE

To be able to work in a hospital that offers excellent working conditions which will enable me to put into practice my skills of servicing and caring for patients in emergency or other ways without prejudice and also to be update myself with the latest development in the field of nursing.

INTERPERSONAL SKILLS

Self-motivated professional with commitment to provide quality nursing care with strong organizational and communication skills.

EDUCATIONAL QUALIFICATION

Qualification	Name Of the Institution	Board of Exam	Year Of Passing
S.S.L.C	H.I.H.S.S, Edavanakad, Ernakulam	Board of General Education Department, Kerala	2014
Plus Two	H.I.H.S.S, Edavanakad, Ernakulam	Board of HSE, Kerala	2016

PROFESSIONAL QUALIFICATION

Qualification	Name Of the Institution	University	Year Of Passing
B.Sc. Nursing	Zulekha Nursing College, Mangaluru	Rajiv Gandhi University of Health Sciences, Karnataka, Bengaluru	2020

RESPONSIBILITIES

- ❖ Meet the physical, psychological, spiritual and nutritional needs of the parents.
- ❖ Taking baseline vital signs and records.
- ❖ Provide immediate and effective nursing measure equally to all patients admitted in your ward.
- ❖ Maintain confidentiality of information regarding patient file.
- ❖ Attending doctors rounds and carryout doctors order accurately and safely.

- ❖ Co-ordinate with all staff and giving open hand to those staff that needs help.
- ❖ Provide pre-operative and post-operative care.
- ❖ Maintaining the high standard of injection control.
- ❖ Collect blood and other samples for investigation as per doctor's order.
- ❖ Maintain records and reports accurately.
- ❖ Giving health teaching for preventive, promotive and rehabilitative care.
- ❖ Teaching of students.
- ❖ ECG taking.
- ❖ Admission, discharge, transfer in hospital to other hospital, DAMA.
- ❖ Assisting for arterial line insertion.

PROFESSIONAL EXPERIENCE

- Worked as **Staff Nurse at Kokilaben Dhirubhai Ambani Hospital, Mumbai, India**
(08.02.2021 to 14.05.2022)
 - ❖ Staff Nurse in Dialysis Unit.
 - ❖ Provide pre and post- procedure care to patients within the Dialysis Unit.
 - ❖ Provide Blood Transfusion for the patients.
 - ❖ Provide direct care to patients including daily monitoring, recording, and evaluating of medical condition.
 - ❖ Taking Blood pressure, measuring heartbeat, recording vitals in physical examinations.
 - ❖ Provide pre and post- procedure care to patients within the Hemodialysis Unit.
 - ❖ Actively participated in NABH and JCI Audit.
- **Student Nurse Internship at Yenapoya Medical College Hospital, Karnataka, India**
(01.03.2020 to 31.12.2020)
 - ❖ Interact and communicate with patients of all ages and ethnic backgrounds, giving quality medical care and treatment.
 - ❖ Commended by supervisors for handling difficult situations involving both patients and their families.

SKILLS INCLUDE

- ❖ Basic nursing skills in the complete comprehensive care of the patients.
- ❖ Wound dressing, assisting suturing, surgical skin preparation, pre and post-operative care.
- ❖ Oral and topical administration of medicines.
- ❖ Administrations of injections through different sites like intramuscular, intravenous, subcutaneous and intra dermal.
- ❖ Immobilization and ambulation by the use of splints, restrains, tractions and applications of bandages.
- ❖ Monitoring vital signs, FHS
- ❖ Cannulization
- ❖ Physical examination and palpation.
- ❖ Admission and discharge procedure
- ❖ Blood collection and transfusion of blood and its components.

PROFESSIONAL ATTITUDE

- ❖ Hardworking and sincere
- ❖ Punctual
- ❖ Trustworthy.
- ❖ Polite and Patience

PERSONAL QUALITIES

- ❖ Social and friendly
- ❖ Obedient
- ❖ Good communication skills
- ❖ Active participate
- ❖ Helping mentality
- ❖ Teaching skills

PERSONAL DETAILS

Name : Aleena Mariya
Post applied for : Staff Nurse
Age/Date of Birth : 23years, 11/12/1997
Sex : Female
Nationality : Indian
Marital Status : Married
Father's Name : Mr. Joy K.J
Mother's Name : Mrs. Jancy Joy
Permanent Address : Kanappilly House, Nayarambalam(P.O), Vypin
Ernakulam, Pin 682509, Kerala.
Languages Known : English, Malayalam, Kannada and Hindi.

DECLARATION

I hereby declare that the information furnished above is true and correct to the best of my knowledge.

Yours Sincerely,

Place : Nayarambalam

(Aleena Mariya)