

ARATHI RANJITH

PHYSIOTHERAPIST



CONTACT

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👤 17/08/1999

OBJECTIVE

- Looking for opportunities in leading hospitals or medical establishment which gives scope to the development of professional skills and aids in achieving personal and organization growth where my dedication, hardwork and sincerity will gain me a position with substantial responsibility.
- Interested in exploring new avenues in the field of Physiotherapy and to learn, share ideas and grow and pursue career as Physiotherapist.

SKILLS

- Dry needling
- Manual Therapy
- Kinesio Taping
- Cupping Technique

LANGUAGE

- ✓ English
- ✓ Malayalam
- ✓ Hindi
- ✓ Kannada

EDUCATION

Rajiv Gandhi University
KANACHUR COLLEGE OF PHYSIOTHERAPY, MANGLORE

August 2022

Higher secondary education
PROVIDENCE GIRLS HIGHER SECONDARY SCHOOL,
KOZHIKODE

March 2017

Secondary education
PROVIDENCE GIRLS HIGHER SECONDARY SCHOOL,
KOZHIKODE

March 2015

PROJECTS

EFFECTS OF PULMONARY REHABILITATION IN COVID19 PATIENTS - A LITERATURE REVIEW

CLINICAL EDUCATION EXPERIENCE

- 15 days each in Neurology, Neurosurgery, Geriatrics, community medicine department.
- 1 month experience in Pediatrics, General surgery, General surgery OBG, Orthopaedic&ICU.
- Experience at Kanachur College of Physiotherapy and Kanachur Institute of Medical Sciences and hands on different modalities of physical exercise and instruments.

WORKSHOP AND CONFERENCE ATTENDED

- IAPCON Bangalore 2019- 5th Annual conference organised by Indian Association of Physiotherapist in Bangalore
- One Day Hands on Workshop on Emergency Skills CPR, BLS, AIRWAYS ADJUNCTS & TRAUMA CARE in association with sports and fitness training federation of India on 24th April 2022
- Manglore Physiocon 2022, International Physiotherapy Conference organised by South Canara Physiotherapy Teachers Association
- Confluence 2019, National Physiotherapy Conference organised by AJ group of institutions.
- Manglore Physiocon 2018 organised by South canara teachers association.
- Cardiopulmonary and Physical Therapy in ICU & Chest Xray Interpretations held on 12 & 13 May 2022
- Completed Hands on Certified Course on KINESIO TAPING FOR UPPER AND LOWER EXTREMITY - CLINICAL AND SPORTS TAPING (INTEGRATED APPROACH) On 27 June 2022
- Hands on Workshop on ADVANCED MANUAL THERAPY FOR SPINE, UPPER EXTREMITY & LOWER EXTREMITY On 1st to 4th July 2022
- Completed the Hands on Certified Course on NEEDLING TECHNIQUES On 29th June 2022
- Completed the Hands on Certified Course on DIVERSIFIED CUPPING TECHNIQUES On 30th June 2022

PRINCIPLES AND DUTIES

- Evaluation and education of patients
- Assigned the tasks of planning and implementing individual intervention in collaboration with the patient by using graded exercise
- Handled the responsibilities of monitoring and evaluating treatment to measure the progress and endure effectiveness of the intervention
- Performed various treatments for patients with conditions related to neurologic, orthopedic, cardio respiratory, oncologic, pediatric, sports injuries, geriatric etc.
- Performed the task of going for rounds with the concerned consultant and gaining referrals.
- Handled required essential tasks and Evaluation & management of ICU patients.
- Assigned the tasks of preparing case notes and reports patients.
- Giving ergonomic advice for those in need.

DECLARATION

I declare that all the above statements are true to the best of my knowledge and understanding and also willing to give my best for this institution.
ARATHI RANJITH