

## Curriculum Vitae

### **MEERA MANOJ**

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“On the lookout for a challenging position that will utilize my abilities and transferable skills acquired through my previous work experience and education to positively influence the company’s operation and success.”

### **Education**

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- M.Sc Counseling Psychology (June’20-June’22)
- B.A. Literature with Journalism (June’17-Mar’20)

### **Skills**

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- Proficiency in **Excel, Word & PowerPoint**
- Initiative and an attitude of ownership.
- Passion for excellence.
- Fast learner and ability to track multiple tasks to their completion.
- Strong communicator with dynamic training and management abilities

### **Additional**

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- Participated in two days national Webinar on “Choose Life! Prevent Suicide
- Participated an International Webinar on ‘Mental Health Day’
- Paper presentation on “Addiction : a Curse? Or a Challenge? In a National Webinar.
- Participated National Webinar on “Conquering Depression”.
- Completed Internship from Aster Medicity, Cochin under the department of NeuroScience.
- Completed Internship from Max Minds Rehab Center, Payyannur, Kannur.

### **Declaration**

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I hereby declare that the information furnished above is true and correct to the best of my knowledge and belief.

Yours faithfully

Meera Manoj

### **Personal**

**MEERA MANOJ**  
21 years / Female  
Mob: **9656007207**

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### **Nationality**

Indian

### **Languages Known**

Malayalam, Tamil, English, Hindi

### **Marital Status**

Single