



# TINTU VARGHESE

Poovakunnel (H) Vadavathoor P.O Kottayam , kerala Pin :  
686010  
7510880624 | varghesetintu33@gmail.com

## POST APPLIED FOR

- Staff Nurse

## OBJECTIVE

To seek a satisfying career , where I can utilize the essential elements of my qualification, experience, personal skills and interest direct it towards the success of the organization.

## PERSONAL DETAILS

- Date of Birth : 07/01/1996
- Marital Status : Married
- Nationality : Indian
- Sex : Female

## EXPERIENCE

- **Holy Family Hospital,Bandra West ,Mumbai**  
*03/06/2018 - 30/11/2020*  
Staff Nurse in Medical-Surgical Ward  
The Holy Family Hospital is a NABH accredited 268 bedded multispeciality hospital with all modern facilities.
- **Iqraa Hospital**  
*28/05/2021 - 30/07/2022*  
Staff Nurse in Medical HDU  
IQRAA international Hospital and Research center is a NABH accredited multispeciality hospital under JDT Islam Orphanage Committee with the capacity of 436 beds.

## PASSPORT DETAILS

- Passport No : U5222737  
Place Of Issue : Cochin  
Date Of Issue : 17/03/2020  
Date Of Expiry : 16/03/2030

## EDUCATION

- **Baker Memorial Girls High school, Kottayam**  
*2011*  
SSLC  
65%
- **Baker Memorial Girls Higher Secondary school, Kottayam**  
*2013*  
Higher Secondary  
59%

- **Harsha College Of Nursing Nelamangala, Bangalore**  
*2013 to 2017*  
Basic Bsc Nursing  
66.30%

## SKILLS

- Time management
- Critical thinking

## INTERESTS

- Reading
- Dancing

## ACTIVITIES

- Participation and achieved prizes in various sports competitions

## LANGUAGES

- English
- Hindi
- Malayalam

## ADDITIONAL QUALIFICATION

Basic knowledge of computer

## TYPES OF CASES WHICH I GIVE NURSING CARE

- Airway obstruction, Pulmonary edema ,COPD,Asthma,Cva,Post CAG and PTCA, duodenal and peptic ulcer,GI bleeding,MI, Hypertension,Hypotension,DM, Fracture, Head injuries, seizures, Accidents and trauma,Hyper and Hypothyroidism,HIV, Hepatitis B,TB,Dengu, Malaria, Poisoning,Burns,DSH, Psychiatric emergencies

## PROCEDURE PERFORMED

- IV cannulation
- Rules tube insertion and and RT feeding
- ABG and ECG
- Blood transfusion
- Suctioning
- Wound dressing
- Bladder wash
- Nebulization
- Assisted in abdominal tapping and plural tapping
- Foley's Catheterization
- Cardio pulmonary resuscitation
- Assisted in arterial line insertion , Central line and ICD
- Pre and Post operative care

- Administration of medication

## DUTIES AND RESPONSIBILITIES

- Taking over the report from previous duty staff
- Nurses bed side round
- Assisting physical and psychological needs
- Planning the patient care
- Administration of medication
- Administration of intravenous, intramuscular, subcutaneous injections
- Administration of oxygen
- Admission and Discharge
- Health education
- Death care
- Record keeping
- Setting of emergency trolley
- Intake and output monitoring
- Pre and Post operative care

## REFERENCE

- **Sr Ramya - "Holy Family Hospital Bandra West,Mumbai - 400050"**  
Director Of Nursing  
62670555
- **Mrs Elamma John - "Iqraa Hospital , calicut"**  
Nursing Superintendent  
9744222105

## DECLARATION

- I hereby , declare that all statements made in this application are true, correct and complete to the best of my knowledge and belief.

Thanking you

Place : Kottayam.

Date. :

Yours faithfully  
Tintu Varghese