

TINCY THOMAS

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OBJECTIVE

To join an established health care institution to render the best possible nursing care to patients as efficiently, and effectively as possible, and to work in harmony.

To carries out personal responsibility for nursing practice and maintain competence by continual learning. To promote an environment in which the values, customs, and spiritual beliefs of the individual are respected.

JOB SUMMARY

- Assessed, planned, implemented, and evaluated patient care and performed patient education by unit standards for all patient types and age groups.
- Collaborated with professionals across the organization to formulate an integrated care plan.
- Devised health care goals using a holistic approach aligned with patient and family needs.
- Championed changes in documentation and drug administration processes.
- Promoted team environment by effectively identifying needs of other staff and assisting them.

PROFESSIONAL EXPERIENCE

❖ **MAX SUPER SPECIALITY HOSPITAL, A UNIT OF DEVIKI DEVI FOUNDATION, Regd. off.:**
plot no 2, Press Enclave Road, Saket, New Delhi - 110017

* **AREA: NEPHROLOGY UNIT AND RENAL TRANSPLANT UNIT**

FROM 15/02/2018 TO 15/07/2019

❖ **MAR SLEEVA MEDICITY, CHERPUNKAL, PALAI, KOTTAYAM, KERALA**

* **AREA: NEPHROLOGY UNIT , MEDICAL SURGICAL WARD**

FROM 09/03/2020 TO 29/04/2022

DUTIES AND RESPONSIBILITIES:

RENAL TRANSPLANT AND NEPHROLOGY CARE EXPERIENCE

- Conducts an individualized patient assessment, prioritizing the data collection based on the nephrology patient's immediate condition or needs within the timeframe specified by the client facility's policies, procedures, or protocols.

- Conducts ongoing assessments as determined by the nephrology patient condition and/or the client facility's policies, procedures or protocols and reprioritizes care accordingly.
- Develops a plan of care that is individualized for the nephrology patient reflecting collaboration with other members of the healthcare team.
- Performs appropriate treatments as ordered by the physician in an accurate and timely manner.
- Performs therapeutic nursing interventions as established by the individualized plan of care for the nephrology patient and his/her family.
- Provides individualized patient/family education regarding pre-and post-renal transplantation procedure, care, management, and types of dialysis and care of lines for dialysis
- Performed activities necessary before and after renal transplant.
- Prepare patients for dialysis and care for dialysis lines.
- Prepare the live donor and recipient patient for renal transplant
- Documents patient assessment findings, physical/psychosocial responses to nursing intervention, and progress towards problem resolution.
- Initiates emergency resuscitative measures according to adult resuscitation protocols.
- Maintains confidentiality in matters related to a patient, family, and client facility staff.
- Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the adult or elderly patient's and family's diversity, preserving their autonomy, dignity, and rights.
- Reports patient condition to appropriate personnel during each shift.
- Maintains current competency in the pre-and post-renal transplant unit.
- Assisted patients with bathing, dressing, maintaining personal hygiene, moving in bed, standing and walking
- Educated patients and their families on disease process, med/surg procedures and medication

EDUCATIONAL ATTAINMENT

Qualification	University/Board	Institution	Year of Passing	% of Marks
B.Sc. Nursing	Kerala University of Health Science, Thrissur, Kerala	Mar Sleeva College of Nursing, Palai, Kottayam, Kerala, India	2013-2017 (Full-time)	71.3
Plus Two	General Education Department, Kerala	St. Antony's HSS Plassanal, Kerala, India	2012 (Full-time)	77.33
S.S.L.C.	General Education Department, Kerala	St. Marys GHSS Pala, Kerala, India	2010 (Full-time)	74

Professional Registration

SL.NO	NAME & STATE OF NURSING COUNCIL	REGISTRATION NUMBER	DATE OF REGISTRATION DD/MM/YYYY	VALIDITY OF REGISTRATION
1	The Kerala Nurses and Midwives Council	KL03201801084	02/02/2018	01/02/2023

Employment/Work Experience (Latest First)(You may add/delete rows as required)

SL NO	DURATION OF EMPLOYMENT		NAME & PLACE OF HOSPITAL	BED CAPACITY	DEPARTMENT
	FROM (DD/MM/YYYY)	TO (DD/MM/YYYY)			
1	15/02/2018	15/07/2019	MAX SUPER SPECIALITY HOSPITAL, A UNIT OF DEVIKI DEVI FOUNDATION,	532BEDDED (with JCI ACCREDITATION AND NABH)	NEPHROLOGY UNIT AND RENAL TRANSPLANT
2	09/03/2020	29/04/2022	MAR SLEEVA MEDICITY, CHERPUNKAL, PALA	650 BEDDED QUATERNARY SUPER SPECIALTY HOSPITAL	NEPHROLOGY UNIT AND MEDICAL SURGICAL WARD

Personal Profile

Name	TINCY THOMAS
Date of birth	31-08-1995
Gender	Female
Name of Father	THOMAS JOSEPH
Marital status	Single
Nationality	INDIAN
Religion	CHRISTIAN
Languages known	English, Hindi, Malayalam

Passport Details

Passport No:	N5975448	Date of Issue:	01/01/2016
Place of Issue:	COCHIN	Date of Expiry:	31/12/2025

REFERENCES

- NURSING SUPERINTENDENT
Max super specialty hospital
Devki Devi foundation
Regd off: plot no.2, press enclave road
Saket, New Delhi 110017
Ph: +911126515050
Fax:911126510050

- NURSING SUPERINTENDENT
Mar Sleeve Medicity Palai
Kottayam, Kerala
Ph: 04822 269500
Email.
mail@marsleevamedicity.com

DECLARATION

I request your good self to consider my application favorable and allow me to optimize my skills. I assure your good self that I would strive hard to bring credit to your esteemed organization. I hereby declare that the above statements are true and correct to the best of my knowledge and belief.

Date :05.08.2022

Place: Kottayam

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