

CURRICULUM

VITAE



LISNA O J

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Personal Background

Age & DOB : 24 yrs , 17-07-1998
Sex : Female
Marital Status : Single
Nationality : Indian
Religion : Christian
Height : 154 CM
Weight : 55 KG
Languages
Known : English, Malayalam, Hindi, Tamil
Kannada

Education

QUALIFICATION	NAME OF COLLEGE	UNIVERSITY	RESULTS
BSC NURSING	IKON COLLEGE OF NURSING, Bheemanahalli, Bengaluru	Rajiv Gandhi University of Health Science, Bengaluru, Karnataka	Completed
PLUS TWO	SAHODARA MEMORIAL H S S, CHERAI, ERNAKULAM	Board of Higher Secondary Examination, Kerala	Passed
SSLC	BHAGAVATHY VILASAM H.S.S, NAYARAMBALAM, ERNAKULAM	Board Of Public Examination, Kerala	Passed

Professional Affiliations

- Rajiv Gandhi University of Health Sciences (BSC Nursing)Karnataka, India

Experience

Registered Staff Nurse in Medical & Surgical Ward (6/4/2021 - 1/8/2022)

Max Super specialty Hospital

Patparganj, New Delhi

Duties and Responsibilities

- Perform preliminary test on incoming patients to identify and record symptoms.
- Document patient care services.
- Update technical and fundamental knowledge by attending workshops and seminars conducted by organization.
- Monitoring of vital parameters, intake output chart, monitoring and taking ECG, administering emergency medications, dressing of wound.
- Insertion of IV cannulas.
- Assist the doctors for the procedures and rounds.
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- Educate the patient and family about the condition of the patient pre and post-operative management; maintain patient charts and confidential file record, keeping and maintaining department inventory, medical store inventory.
- Assess the patient status and notify physicians of clinical changes.
- Assisting in maintaining high standard of patient care
- Educate patients/ families on health care needs, conditions, options etc.
- Give psychological support to patient and family members
- Maintaining interpersonal relationship with the patients, relatives and co-workers
- Ensuring patients individuality and privacy at all times
- Meet the spiritual needs of the patient

Machines/Equipment Used

- Respiratory Therapy: Nebulizers
- Pulse Oximetry: Pulse Oximeter, Sensor
- Monitoring: Cardiac Monitor, Digital Thermometer (Axillary, Tympanic), Sphygmomanometer, Stethoscope
- Immobilization Devices: Upper and Lower Extremity Traction Device, Splint, Braces, Cervical Collars, Head Immobilization Device, Spinal Board
- Bandages: Commercially-packaged burn sheets, Triangular Bandages, Sterile dressings (Tegaderm, Aquacel Foam), Gauze Rolls, Occlusive Dressings, Adhesive Tapes
- Infection Control: Protective Goggles, Surgical Masks, Coveralls, Shoe Covers, Standard Sharp • Injury Prevention Equipment: 4-Point Soft Restraints, Bed with Side rails Containers, Gloves
- Miscellaneous: Cold and Hot Packs, Warming Blankets, Disposable Emesis Bags/Basins, Bedpan, Urinal, Lifter, Wheelchair

Declaration

I hereby certify that the above information is true and correct to the best of my knowledge and Belief.

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