

RESUME



Ms. AMALA JOSE
Designation : Staff Nurse
Experience : 2 year

Address for Communication:

Ms. Amala Jose
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Mekkadampu P O
Rackad – 682316
Ernakulam Dist
Kerala, India
Ph: (+91) 8688323597, 8111910736
Email: amalajose373@gmail.com

Personal Details

Father's Name : Jose
Date of Birth :
11.09.1998
Age : 24 years
Gender : Female
Religion : Christian
Mother Tongue : Malayalam
Marital Status : Single
Height : 154 cm
Blood Group : A+
Languages Known: Malayalam
English
Telungue
Hindi

Permanent Address:

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Career Objective:

Aim to be associated with the organization that provides me an opportunity to show my skills and improve my knowledge with latest trends and to be the part of the team that works dynamically towards the growth of the organization.

Strenghts:

- I believe in confidence and hard working.
- My loyalty and sincerity will be the key for my success.
- I am ready to shoulder any responsibility.

Certifications:

- ✓ Kerala Nurses and Midwives Council Registration Reg.No: KL04202202065
- ✓ 12 th (Plus Two) Science Group, Board of Vocational higher secondary Examination, Kerala
- ✓ 10 th (SSLC), Board of public examination, Kerala

EDUCATIONAL PROFILE

During my studies as a student nurse, the following works were assigned to me which I have carried out successfully.

Worked as a team member in the community development programs.

ACADEMIC QUALIFICATIONS

Course	Year	Name of Institution	University/Board	Scored Percentage
SSLC (10 th)	2013	MSVHSS Valakom	Board of Public Examination, Kerala	79%
Plus Two (12 th)	2015	Tharbiath Vocational Higher Secondary School Muvattupuzha	Board of Vocational Higher Secondary Examination, Kerala	75%

PROFESSIONAL QUALIFICATION

Course	Year	Name of Institution	University/Board	Marks Scored	Percentage Scored
1 st year B.Sc Nursing	2016	Rev. Noorunnissa College of Nursing KGF, Karnataka	Rajiv Gandhi University of Health sciences, Karnataka	449	66%
2 nd year B.Sc Nursing	2017			448	66%
3 rd year B.Sc Nursing	2018			443	65%
4 th year B.Sc Nursing	2019			324	66.8%

Clinical Experience During Nursing Course

1. General Hospital, KGF, Karnataka
2. PES Institute of Medical Sciences and Research, Kuppam

3. KGF Maternity and Children's Hospital, Karnataka

NURSING JOB EXPERIENCE:

Apollo Health City

Jubilee Hills, Hyderabad, Telangana State, India

Apollo Hospitals, the largest healthcare group in Asia with JCI accredited, Apollo Health city, Jubilee hills, Hyderabad is a 550 bedded tertiary care centre. It has over 50 medical and surgical disciplines. Its services supported by sophisticated technology and experienced medical professionals.

Website : www.apollohospitalsgroup.com

Designation : Staff Nurse

Department : Operation Theatre

Hospital Capacity : 550 bedded JCI Accredited

Hospital Emp.Code : 1180244

Date of Joining : 03.02.2020

Nature of Work	Period	Job Title	Name of Hospital
Operation Theatre	03.02.2020 to 06.04.2022	Staff Nurse	Apollo Health City, Jubilee Hills, Hyderabad

JOBS AND RESPONSIBILITIES:

- ❖ Receiving and admission of patients
- ❖ Observing and recording patients behavior
- ❖ Coordinating with physicians and other health care professionals for creating and evaluating customized care plans
- ❖ Providing emotional and psychological support to the patients and their families and create harmonious environment. Diagnosing the disease by analyzing patients symptoms and taking data collection required
- ❖ Maintaining report and record of patient's medical histories and mounting their changer in condition.
- ❖ Assisting for diagnostic and therapeutic producer.

- ❖ Maintaining hygienic and safe working environment in compliance with health care procedures

- ❖ Providing instant care during medical emergency like accident, Cardiac arrest.
- ❖ Patient assessment and reassessment and nurses notes, maintaining records and reports.
- ❖ Check the Vitals of the patient and should record with date, time, including pre and post operative care and documentation.
- ❖ Dispensing of medication, maintenance of IV fluids and Ionotrops.
- ❖ Scrubbing, hand washing and isolation precautions, IV placement, Arterial placement.
- ❖ Nebulization, Nasogastric tube placement, Nasogastric tube feeding.
- ❖ Wound care, Colostomy Care, Traction care, care of ICD Drainage, Blood transfusion, Urinary catheterization, Ventilator care.
- ❖ Maintenance of good nurse patient relationship including orientation of patient to the unit or room and health education to patient and family members.
- ❖ Preparing bed and decontaminations equipments or instruments.
- ❖ Maintenance. of physical, social, psychological, spiritual and rehabilitative need of the patient.

EQUIPMENTS HANDLED

- ✓ Invasive/non invasive ventilator
- ✓ Infusion pump
- ✓ Syringe pump
- ✓ Glucometer
- ✓ Defibrilator

- ✓Bain Circuit
- ✓ Laryngoscope
- ✓ Feeding Pump
- ✓ ECG
- ✓ Suction apparatus
- ✓Warmer apparatus
- ✓AMBU
- ✓ABG Machine
- ✓ACT Machine
- ✓Nebulizer

CAPABLE IN ASSISTING

- General orthopedic Procedures
- Diagnostic Arthroscopy
- Therapeutic Arthroscopy
- Soft Tissue Reconstruction
- Trauma Surgeries
- Pediatric Orthopedic Surgeries
- Hand Surgeries
- Orthopedic Oncology Surgeries
- TKR and THR Surgeries

OTHER RESPONSIBILITIES HANDLED:

- Maintaining the drug and investigations as per Physician's Order/ advice
- Proper documentation of drugs administered and investigations done
- Maintaining the equipment in working condition.
- Maintaining emergency drugs and equipments at accessible place.
- Proper monitoring of Patient
- Informing the Doctor concerned whenever necessary

- Barrier nursing
- Scrubbing, hand washing and aseptic precautions.
- Transportation of critically ill Patients

GENERAL :

- Attended basic life support, Advanced cardiac life support, Pediatric life support program at Appolo Hospital, Jubilee hills, Hyderabad
- Participated master training of Infection Control in Appolo Hospital
- Attended IV Cannulation (Peripheral and Central access) conducted by BD Company
- Attended Seminar Infection Control Program at Appolo Hospital, Jubilee hills, Hyderabad
- Successfully completed the Nurses Orientation Training Program at Appolo Health city, Hyderabad
- Participated in panel discussion on Hospital Acquired Infection and new research studies.
- Participation in blood transfusion and safety program organized by Appolo health city.
- Participation in MET, Code Blue, Patient safety and Quality service programs organized by Appolo health city

COMPUTER SKILLS :

- ❖ All computer with Internet Knowledge
- ❖ Good skills in Hospital based Computer software and activities
- ❖ Good Skill in MS Word, MS Excel and Power point

STRENGTHS :

- ✓ Desire to learn
- ✓ Hard working

- ✓Positive attitude
- ✓ Cool minded
- ✓ Team building ability
- ✓Problem solving capability
- ✓A good team player

ACHEIVEMENT

Here I gained the basic of Nursing care identifying the patient condition and treating accordingly along with health team and also assisted all therapeutic procedures.

REFERENCES

1. Mr. Suresh Reddy
HR Manager
Appolo Health City
Jubilee Hills, Hyderabad
Ph:040-23607777
2. Dr. Jayram Chander
Senior Consultant
Orthopedics Surgeon
Appolo Health City
Jubilee Hills, Hyderabad
Ph: 040-23607777
3. Dr. Krishna Reddy
Senior Consultant
Orthopedics Surgeon
Appolo Health City
Jubilee Hills, Hyderabad
Ph: 040-23607777

DECLARATION

I hereby declare that the above mentioned information are true and correct to the best of my knowledge and belief. I submit my resume for your kind observation and favorable order. Hope my skills are for your requirement. I humbly request your good self to permit a chance to work in your esteemed Institution.

Your Sincerely

AMALA JOSE