

CURRICULUM VITAE



ALTHASHMA. N

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Objective

Seeking a growth oriented and challenging career in nursing and patient care in well reputed hospital where I can increase my knowledge and improve my skills for the best of my patients.

Personal Details

Fathers Name : Naushad. P
Gender : Female
Date of Birth : 03-08-1995
Nationality : Indian
Marital Status : Married
Religion : Muslim
Address : Kambivalappil
Cheriyakalam
Power houseward
Araattuvazhi P.O
Kerala - India
688007
Language known : English, Malayalam & Hindi

EDUCATIONAL BACKGROUND

Academic Qualification

Qualification	Name of Institution	Name of Board	Year of Passing	Class Obtained
SSLC	MES ENGLISH MEDIUM SCHOOL, KURAVANTHODU	CBSE	2012	Distinction
Plus Two	THIRUMALA DEVASWOM H S S, ANANTHA NARAYANAPURAM	Board of Higher secondary Examination Kerala	2014	Distinction

Professional Qualification

Qualification	Name of Institution	Name of University	Year of Passing	Class Obtained
B Sc Nursing	Al Shifa College of Nursing	KUHS	2021	FIRST CLASS

Clinical Experience

- As part of B. Sc Nursing curriculum, I have trained in the following institution,
- KIMS ALSHIFA Hospital Pvt Ltd, Perinthalmanna, Malappuram.
Medical Surgical, Advanced Medical Surgical Nursing, Obstetrics and Gynecological Nursing and Nursing Administration.
- Govt. District Hospital Perinthalmanna, Malappuram.
Child Health Nursing, Medical-surgical Nursing and Obstetric & Gynecological Nursing.
- Amala Cancer Hospital & Research Centre, Amala Nagar, Thrissur Oncology Specialty Posting.
- Govt. Mental Health Center West fort junction, Thrissur for Mental Health Nursing Clinical Posting.
- Perinthalmanna Nursing Home for Obstetrics & Gynecological Nursing, Perinthalmanna.
- Pain and Palliative Care Society Perinthalmanna.
- Community Health Centre, Mankada for community Health Nursing Specialty Posting.
- Primary Health Centre, Valambur
- CMC Vellore for Community Health Nursing posting
- Dr. Salim's Centre for Neuro Psychiatry Perinthalmanna for Mental Health Nursing Posting
- RICCH Rehabilitation Institution for cognitive and communicative in challenge, Angadipuram for Mental Health Nursing

Equipments Exposed

- ✓ Cardiac monitors : Hewlett packer, Siemens, Marquette, Philips
- ✓ Syringe pumps, infusion pumps
- ✓ Suction apparatus, nebulizers, centralized oxygen and suction supplies.
- ✓ ECG machine
- ✓ Defibrillators
- ✓ Phototherapy machines
- ✓ Ventilator
- ✓ BP apparatus
- ✓ Ambu bag with mask
- ✓ Pulsoximeter
- ✓ Glucometer
- ✓ Cardiotochography

- ✓ Doppler
- ✓ Radiant Warmer

Details Of Cases Exposed

- ✓ Cardiology cases: Coronary artery disease , Angiogram, Angioplasty
- ✓ General Surgery cases: Mastectomy, Exploratory Laporotomy, Appendicectomy, Cholecystectomy, Hernioplasty, Hernia Repair, Colostomy, Intercoastal Drainages, Trendelenburg operation and Sclerotherapy, Mastectomy, Haemorrhoidectomy, Dilatation and Sphincterectomy.
- ✓ Urology cases: TURP, TURBT, URSL, ESWL, Varicocele, Orchidectomy, PCNL.
- ✓ Neurosurgery cases: Craniotomy, Burr Hole Operation, Laminectomy ACD fixation.
- ✓ Obstetrics and Gynecology surgery : LSCS, Abdominal and Vaginal Hysterectomy, Laproscopic Cystectomy, Normal Labor, Ventouse Delivery, Forceps Delivery, Perineal Tear Repair, Episiotomy Suturing.
- ✓ Dental and ENT surgery: LeFort, BSSO, Nasal Bone reduction, Septoplasty, Tracheostomy
- ✓ Orthopedic Surgeries.
- ✓ Pediatric Surgery
- ✓ Micro Vascular Surgeries.
- ✓ Medical cases

Special Skill

- Ability to perform
 - Need based basic cares.
 - IV cannulation
 - Medication administration via enteral and parenteral routes.
 - Cardio pulmonary resuscitation.
 - N.G tube insertion assisted
 - Urinary catheter insertion.

- Administering protocol based emergency care.
- Mental status examination

Seminar Attended And Health Programmes Conducted

- National AIDS day Awareness programme , Perinthalmanna.
- World Hepatitis day Exhibition and Quiz competition, Perinthalmanna.
- World Breastfeeding Week Awareness programme, Perinthalmanna.
- World Asthma Day Awareness programme, Perinthalmanna
- World Palliative care Day Programme, Perinthalmanna.
- Pulse Polio Immunization Programme.
- School Health Programme, Mankada.
- Medical Camp ,Mankada.
- Nutritional Programme, Mankada
- National Service Scheme Volunteer.

Research Done

Reference

- ☞ A study to assess the Effectiveness of Structured Teaching Programme on Prevention of Urinary Tract Infection among Adolescent Girls in Selected Wards of Mankada Grama Panchayath.

1. Dr. (Prof) Thilagavathy Roy

Principal,
Al Shifa College of Nursing,
Perinthalmanna.
PH : 04933224299

2. Mrs. Sasikala A

Associate Professor,
Al Shifa College of Nursing
Perinthalmanna,
PH: 8089849172

Declaration

I do here certify that the above information is correct and true to the best of my knowledge.

Place: Muvattupuzha

Date:

ALTHASHMA. N