# Dr. Aneena Varghese

#### **Personal Details**



Date of birth : 14.06.1996

Current Address: Methrattayil House, Kottappady P O, Ernakulam

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Contact Number: +918943354202, +447551426023 Languages known: English, Malayalam, Hindi, Tamil

# Registration

• Travancore Cochin Council of Modern Medicine (TCMC), Registration number: **76883**Registered on 13.07.2020

### **Education**

Bachelor of Medicine and Bachelor of Surgery [ MBBS ] September 2014- April 2020

Malankara Orthodox Syrian Church Medical College, Kolenchery, affiliated to Kerala University of Health Sciences, India (First Class)

# **Professional Experiences**

Junior Resident Doctor
 July 2020- June 2022.
 Department of Cardiology, MOSC Medical College, Kolenchery

• Interpretation of ECG, TMT

- Diagnosis and Management acute cardiac emergencies such as STEMI, NSTEMI, cardiac arrhythmia, Pulmonary embolism etC
- Administration of thrombolytic therapy , Performing DC cardioversion
- Counselling the patients about diagnosis and treatment
- Performed cardiopulmonary resuscitation with in-hospital Medical Emergency Team
- Assisted in endotracheal intubation, central line insertion, pericardiocentesis, arterial BP monitoring
- Observed PCI angioplasty, permanent pacemaker implantation
- Management of patients in Cardiac Intensive Care Units and non-critical settings
- Preoperative cardiac risk assessment of patients
- Managed COVID-19 patients in both critical and non-critical settings during Covid pandemic

#### > Intern Doctor

March 2019 to March 2020 Malankara Orthodox Syrian Church Medical College, Kolenchery

- Completed Continuous Rotatory Residential Internship in various departments over 12Months
- Assisting ward rounds, maintaining patient's medical records and documentation including discharge summary.
- Management of patients presented to casualty and Inpatients in critical and non critical settings
- Assisted consultants in major surgical procedures.
- Performed Incision and drainage, suturing, urinary catheterisation, IV cannulation, blood sampling, ABG sampling, blood culture, IV Fluid administration, NG Tube insertion
- Assisted in lumbar puncture, intercostal drainage tube insertion, ascitic tapping, pleural tapping
- Managed trauma patients and assisted in closed reduction, slab and cast application
- Assisted normal vaginal deliveries
- Performed Hydro- reduction of intussusception in paediatric patients
- Worked under supervision at rural health centre in Kumily
- Attended rural health camps, provided health education, performed community medicine surveys in rural areas

### **Research Experience**

2015- Conducted a cross-sectional study on sleep quality assessment among medical students.

### **Audit Experience**

2022 - Clinical audit on compliance of management of STEMI according to STEMI guidelines as per European Society of Cardiology

# **Conferences and meetings attended**

2017 - Attended EM Genesis - National Conference on Emergency Medicine

2021- Attended monthly mortality- morbidity meetings conducted in MOSC Kolenchery

2021 - Attended clinical clubs involving case discussions and introduction of novel interventions in Medical Technology

#### **Professional References**

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