



ASHIKA GEORGE

SOCIAL WORK TRAINEE

PROFILE

A passionate Social Work Trainee who sincerely accomplishes her duties and responsibilities on time using her knowledge, skills and competencies.

SPECIALIZATION

Medical and Psychiatric Social Work

EDUCATION

MSW **2020-2022**

Vimala College (Autonomous), Thrissur

BSc Physics **2017-2020**

St Joseph's College (Autonomous), Thrissur

Plus Two **2014-2016**

NHSS, Irinjalakuda

SSLC **2014**

LFCHSS, Irinjalakuda

EXPERIENCE

Louise Mount Hospital, Wayanad

Psychiatric Social Work Intern-25 days **2022**

- Training to deal with the Psychotic, Neurotic and Substance Use Disorder patients.
- Conducted recreational group activities for the patients.

Kasturba Medical College, Manipal

Psychiatric Social Work Intern-25 days **2022**

- Observation of psychiatric cases examined in the Psychiatric Out Patient Department.
- Practiced Psychiatric Social Work in Hombelaku Psychiatric Rehabilitation Centre.

Welcare Hospital, Vyttila

Medical Social Work Intern-26 days **2021**

- Psychosocial assessment of patients.
- Participated in multi-disciplinary deliberations

District Medical Office, Thrissur

Volunteer in Tele Counselling-26 days **2021**

- Provided psychosocial support for COVID and post-COVID patients through Tele Counselling.
- Done follow up for the clients in need of further help.
- Submission of reports of Tele Counselling to the Health Department of Kerala.

Shanthi Bhavan Palliative Hospital, Pallissery, Thrissur

Social Work Trainee-17 days **2021**

- Worked for the inmates of the hospital and did appropriate interventions.
- Conducted recreational activities for the inmates.

COURSES

- edX Online Learning: **Nature-based Solutions for Disaster and Climate Resilience**
- UGC Centre for Women Studies, Vimala College (Autonomous), Thrissur: **Gender Sensitization**
- TCS iON: **Communication Skills**

INTERESTS

- Travelling
- Volunteering
- Leadership

SKILLS

- Excellent presentation skills
- Effective Communication
- Team work
- Leadership
- Computer skills

VOLUNTEERING EXPERIENCE

- Volunteered in the Street Vendors' Survey conducted in Thrissur Corporation in August 2021.
- Volunteered in COVID-19 Vaccination Camp conducted by Rotary Club in Thrissur in association with Kerala Health Department from 2nd April 2021 to 15th April, 2021.

PERSONAL INFORMATION

Age	24
Marital Status	Unmarried
Languages known	Malayalam, English and Tamil
Hobbies	Reading, Creative writing

CONTACT

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