



RIYA P.J

CONTACT

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Pin: 682511 Ernakulam, Kerala

OBJECTIVE

Recent Master of Social Work graduate, specialized in Family and Child Welfare, seeking a full-time position in a reputed organisation where I can seek my personal and professional growth and to be a good contributor to the institution and society as well.

EDUCATION

St. Albert's College (Autonomous), Ernakulam

2021

Master of Social Work
B+

St. Teresa's College (Autonomous), Ernakulam

2019

BA Sociology
CGPA 7.67

EXPERIENCE

State Poverty Eradication Mission (Kudumbashree District Mission Office), Ernakulam

3rd November - 28th November 2021

Internship

- Completed one month internship in kudumbashree District Mission office, focusing to bring women together from all spheres of life to fight for their rights or for empowerment.
- Worked under Gender and Social Development programs and gained knowledge and experience in working with women and children.
- Provided life skill training sessions and other various activities for the target groups including children and women.

District Women and Child Development Department, Ernakulam

September - October 2021

Internship

- This government initiative functions for ensuring the holistic, physical, psychological, cognitive and emotional developments of women and children.
- Provided various psycho-social supports to the clients and maintained case reports. Assisted senior officials in the processes of counseling and documentation
- Planned and organized programs for women and children.

SKILLS

Counseling

Communication and Public Speaking

Documentation

Empathy and active listening

Stress Management

LANGUAGES

Malayalam

English

Hindi

REFERENCE

Dr. Deepa Rasheed - "St. Albert's College, (Autonomous), Ernakulam"
Head of Social Work Department
9656288096

Aashrayam Rural Development Society, (Palakkad based NGO)

August - September

Internship

- Organized and implemented different out reach programs, and interventions for children of tribal community, youth, elderly, women and differentially abled children.
- Engaged in resource mobilizations and conducted socio-economic and health surveys.



VOLUNTEER WORKS

- Palliative Care Unit Volunteer - 2021
- National Mental Health Mission Volunteer - 2019
- Community Based Rehabilitation Program Volunteer - 2017-2018



SEMINARS

- International conference on "No Longer Without us Participation as a Challenge in Social Worker" - January 2021
- An international Seminar on "Multidisciplinary Research" - January 2020
- National Seminar on "Green Social Work : Emerging Trends and Prospects" - December 2019



INTERESTS

- Anchoring
- Singing and listening to music
- Reading



DECLARATION

- I hereby declare that all the information provided above is true to the best of my knowledge.

Name:

Sign: