

CURRICULUM VITAE



LISTIMA T S

Thiyadi House

West Chalakudy

Chalakudy P O

Pin.-680307

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OBJECTIVE

Looking for a long term association with carrier oriented organization where team work, honest and hard work are acknowledged and conclusive work culture provided.

PERSONAL PROFILE

Father's Name : Sebastian T M

Sex : Female

Date of Birth : 29/08/1997

Nationality : Indian

Religion : Christian

Marital Status : single

Profession : BSC Nurse

Languages known : English, Malayalam&Hindi

EDUCATIONAL QUALIFICATION

Qualification	Institution	University/Board	Year of passing	% of marks
S.S.L.C.	St. Antony's GHS Kottat	State Board Kerala	2012	88
Plus Two	GVSS Puthenchira	Board of HSE Kerala	2014	72.8
B.Sc Nursing	St.James College of Nursing, Thrissur, kerala	KUHS University	2014-2018	
		FIRST YEAR	2015	59.2
		SECOND YEAR	2016	59

		THIRD YEAR	2017	67
		FOURTH YEAR	2018	62.8 5

MAJOR JOB RESPONSIBILITY

- ❖ Total Patient care based on nursing process approach
- ❖ Preparation of the patient unit
- ❖ Admission and discharge
- ❖ Assistance and instruction of patients
- ❖ Comprehensive nursing care
- ❖ Providing psychological support to minimize patients anxiety
- ❖ Vital signs monitoring and recording
- ❖ Management of medical and pediatric emergency
- ❖ Administration of infusion and transfusion .
- ❖ Care of patient with pre and post operative periods
- ❖ Preparation and administration of medications and injections
- ❖ Maintenance of records and reports

SKILLS ABLE TO PERFORM

- ❖ Cardio pulmonary resuscitation
- ❖ Checking temperature blood pressure
- ❖ IV Cannulation for adult & pediatrics
- ❖ Foleys catheterization to adult & pediatrics
- ❖ Endo tracheal intubation
- ❖ Analyzing of ECG rhythms & Oxygen saturation
- ❖ Application of plaster cast, splint
- ❖ Positioning of patients
- ❖ Care of patient with spine fractures
- ❖ Care of patient with road traffic accidents with different types of fracture, head injury.
- ❖ Blood sample collection for pediatrics and adults.

EQUIPMENTS HANDLED

- ❖ Infusion Pumps
- ❖ ECG machine
- ❖ Defibrillators
- ❖ Laryngoscope
- ❖ Sterilizer
- ❖ Cardiac Monitor
- ❖ Crash Trolleys
- ❖ Pulse Oxymeter
- ❖ Suction apparatus- potable & Central Glucometer,

- ❖ Warmer,
- ❖ Nebulizer + Sterilizer
- ❖ Helogen Cold Light for IV Cannulation
- ❖ Ambubag.

INTERESTS

- ❖ Reading
- ❖ Travelling
- ❖ Listening to Music

EXPERIENCE

Holy Spirit Hospital, Andheri, Mumbai -400093

2 year Experience

Experience in providing care to patients with various types of medical,surgical,orthopedic,ENT,urology,neurology and neuro surgeries also experience in management of COVID-19 patients.

REFERENCE

1. **PROF** Dr.(Mrs) Mercy P J
Principal ,St James College of Nursing
Chalaky ,Kerala
Mob:7034919191

DECLARATION

I hereby declare that the statements given above are true to the best of my knowledge and belief. Also I am ready to work in your hospital as Staff Nurse as per you rules and regulations.

Place: Chalakudy

Date :

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