

Resume



Name : **Dr. Meera M. Nandakumar**
Qualifications : **MBBS; MS(ENT)**
Sex: **Female** Marital Status: **Married** Age: **33 Years**
Mobile No. : **8238029280**
eMail ID : meera.nanda.2007@gmail.com
Permanent Address : **Krishna, Grace Valley, University Road,
Cochin University P.O, Cochin, Kerala, PIN 682022**
Present Address : **C/o. Dr. L. S. Bhagath, Orthopedic Surgeron,
Highland Hospital, Mangalore 572015**
Languages : **English, Hindi, Malayalam & working knowledge in Gujarati**

Post Qualification Experience:

1. **Completed one-year Senior Residency at Kasargod Government Medical College from 29/05/2020 to 28/05/2021.**
2. **Completed 3 months clinical observership in Laryngology from 1.02.2019 to 30.04.2019 at Deenanath Mangeshkar Hospital & Research Center, Pune.**
3. **Worked for five months in Udayagiri Multi Specialty Hospital, Changanacherry from 21/06/2018 to 20/11/2018**

Academic Qualifications

A. Graduation and Post Graduation

<u>QUALIFICATION</u>	<u>YEAR</u>	<u>INSTITUTION</u>	<u>UNIVERSITY</u>
MS Otorhinolaryngology (FIRST CLASS)	2018	Shri M P Shah Government Medical College, Jamnagar, Gujarat	Saurashtra University, Gujarat
MBBS	2012	Government Medical College, Kottayam, Kerala	Mahatma Gandhi University, Kerala

B. Pre graduation

<u>QUALIFICATION</u>	<u>YEAR</u>	<u>INSTITUTION</u>	<u>BOARD</u>	<u>MARKS</u>
H.S.C 12 th Standard	2006	Nirmalamatha Central School, Thrissur, Kerala	CBSE	73.2%
S.S.C	2004	Bhavan's Varuna Vidyalaya, Cochin, Kerala	CBSE	86.2%

ACADEMIC ACTIVITIES DURING POST GRADUATION:

- Managed Outdoor Patient Department (OPD)
- Attended daily pre and post surgical ward rounds with consultants
- Handled emergency duty 2-3 times per week which also included management of head and neck trauma.
- Actively participated in academic sessions in the department
 - Journal Club meetings
 - Clinical case presentations
 - Seminar presentations
- Took clinics and lectures for under graduate students

EXPERIENCE DURING POST GRADUATION

- Completed 1 month compulsory rotating internship from 01.08.2017 to 31.08.2017 at The Department of Head & Neck Surgery ,Gujarat Cancer Research Institute, Ahmedabad.
- Independently performed surgeries including:
 - ✓ Adenotonsillectomy
 - ✓ Indirect laryngoscopy for foreign body removal
 - ✓ Tympanoplasty
 - ✓ Modified radical mastoidectomy
 - ✓ Septoplasty
 - ✓ Antrochoanal polypectomy
 - ✓ Endoscopic dacrocystorhinostomy
 - ✓ Hemithyroidectomy

- Assisted senior surgeons in
 - ✓ Microlaryngeal procedures
 - ✓ Stapedectomy
 - ✓ Facial Nerve decompression
 - ✓ Septorhinoplasty
 - ✓ FESS
 - ✓ Advanced endoscopic procedures like CSF leak repair and JNA excision
 - ✓ Neck dissection
 - ✓ LASER excision of lesions in head and neck region

- Independantly performed emergency procedures like tracheostomy and assisted consultants in rigid bronchoscopy.

- Performed diagnostic procedures like nasal endoscopy, microscopic ear examination with suction and clearance, telescopic laryngeal examination, biopsies via direct laryngoscopy.

DISSERTATION

“A Comparitive study of conventional and endoscopic septoplasty” under the guidance of Dr Dilavar A Barrot, Associate Professor and Head, Department of ENT, Shri M P Shah Government Medical College. Over a period of 1 year 80 cases of deviated nasal septum underwent septoplasty and were followed up for 3 months post surgery.

PAPER/POSTER PRESENTATION AT NATIONAL/ STATE
CONFERENCES

POSTER

TITLE : PLASTIC BRONCHITIS: A CASE STUDY presented at the 70th Annual Conference of Otolaryngologists of India

PAPER

TITLE : A COMPARITIVE STUDY OF CONVENTIONAL AND ENDOSCOPIC SEPTOPLASTY presented at the 70th Annual Conference of Otolaryngologists of India.

RESEARCH

“A COMPARITIVE STUDY OF CONVENTIONAL AND ENDOSCOPIC SEPTOPLASTY” published in Medpulse –International journal of ENT.June 2018; 6(3): 40-47

PROFESSIONAL REFERENCE:

- Dr Dilavar A Barot
Associate Professor & Head
Department of Otorhinolaryngology
Shri M P Shah Government Medical College
Jamnagar ,Gujarat

- Dr Niral R Modi
Assistant Professor
Department of Otorhinolaryngology
Shri M P Shah Government Medical College
Jamnagar ,Gujarat
